



1
00:00:08,570 --> 00:00:17,179

[Music]

2
00:00:25,470 --> 00:00:20,670

welcome to shattered reality with their

3
00:00:28,229 --> 00:00:25,480

hosts Kate Valentine and furs prepare to

4
00:00:32,280 --> 00:00:28,239

have your paradigm shifted in their

5
00:00:36,150 --> 00:00:32,290

truths questioned and now shattered

6
00:00:37,770 --> 00:00:36,160

reality well here we are again and I

7
00:00:40,140 --> 00:00:37,780

know you want to slate the show

8
00:00:44,810 --> 00:00:40,150

ferocious oh go ahead this is Kate

9
00:00:52,050 --> 00:00:44,820

Valentine and of course ferocious hi

10
00:00:53,910 --> 00:00:52,060

today is May 23rd 23rd 2017

11
00:00:57,380 --> 00:00:53,920

I'm foucha and I'm here with Kate

12
00:01:00,840 --> 00:00:57,390

Valentine and like she said this is our

13
00:01:04,049 --> 00:01:00,850

shattered reality podcast and we're so

14

00:01:07,530 --> 00:01:04,059

happy to have you with us today because

15

00:01:10,950 --> 00:01:07,540

we have a really really unusual and

16

00:01:13,410 --> 00:01:10,960

interesting guest and the the art one of

17

00:01:17,550 --> 00:01:13,420

the oddest things about this is he's

18

00:01:21,210 --> 00:01:17,560

also from Sheffield in England which is

19

00:01:24,500 --> 00:01:21,220

the same place our last podcasts guest

20

00:01:28,740 --> 00:01:24,510

was from Milton dr. Milton Wainwright

21

00:01:31,680 --> 00:01:28,750

with the with the wonderful weather

22

00:01:34,289 --> 00:01:31,690

balloons and high-altitude yeah and all

23

00:01:37,469 --> 00:01:34,299

that good soccer organisms from above

24

00:01:42,620 --> 00:01:37,479

so apparently Sheffield in in England

25

00:01:46,039 --> 00:01:42,630

the UK is a hotbed of new-age

26
00:01:50,730 --> 00:01:46,049
experimentation because today we have

27
00:01:52,649 --> 00:01:50,740
dr. Philip Davidson who would like to be

28
00:01:53,160 --> 00:01:52,659
known as dr. Phil for the rest of the

29
00:02:00,420 --> 00:01:53,170
program

30
00:02:03,780 --> 00:02:00,430
that's slightly slightly implausible and

31
00:02:06,630 --> 00:02:03,790
dr. Phil Davidson our friend here

32
00:02:09,479 --> 00:02:06,640
he started out his working life as an IT

33
00:02:11,820 --> 00:02:09,489
guy and he traveled all over the world

34
00:02:14,039 --> 00:02:11,830
from multinational corporations and

35
00:02:16,530 --> 00:02:14,049
spent a few years quite a few years in

36
00:02:19,650 --> 00:02:16,540
Hong Kong doing just that and when he

37
00:02:23,040 --> 00:02:19,660
got back to jolly old what did he do

38
00:02:27,450 --> 00:02:23,050

he went into consciousness research he

39

00:02:29,790 --> 00:02:27,460

got his PhD in psychology and he became

40

00:02:34,200 --> 00:02:29,800

amongst other things a bereavement

41

00:02:36,870 --> 00:02:34,210

counselor but in in this very special

42

00:02:39,180 --> 00:02:36,880

way yes yes and in this bereavement he

43

00:02:40,760 --> 00:02:39,190

noticed that parents were very very

44

00:02:43,560 --> 00:02:40,770

upset when they lost a child

45

00:02:45,660 --> 00:02:43,570

understandably so and and often they

46

00:02:47,820 --> 00:02:45,670

didn't get over it for years and years

47

00:02:50,850 --> 00:02:47,830

in the rest of their lives so he

48

00:02:54,120 --> 00:02:50,860

continued on with consciousness research

49

00:02:56,970 --> 00:02:54,130

and I met dr. Phil Davidson at the

50

00:02:59,460 --> 00:02:56,980

Monroe Institute where he was a

51
00:03:02,850 --> 00:02:59,470
professor of the Professional Division

52
00:03:04,830 --> 00:03:02,860
as am i and he's been studying

53
00:03:09,630 --> 00:03:04,840
consciousness for a long time and he has

54
00:03:13,440 --> 00:03:09,640
a special program for allowing people to

55
00:03:17,390 --> 00:03:13,450
contact their lost loved ones so now

56
00:03:21,540 --> 00:03:17,400
without any further ado dr. Philip

57
00:03:25,730 --> 00:03:21,550
Davidson of Sheffield UK Sheffield UK

58
00:03:27,720 --> 00:03:25,740
the center of consciousness research I

59
00:03:30,060 --> 00:03:27,730
don't know if I can say any more about

60
00:03:32,460 --> 00:03:30,070
that because that's everything you know

61
00:03:34,790 --> 00:03:32,470
I think um thank you for that intro I

62
00:03:40,380 --> 00:03:34,800
just want to go back a little bit there

63
00:03:43,320 --> 00:03:40,390

and just kind of pick up where we can I

64

00:03:45,510 --> 00:03:43,330

was an intern an IT Director in

65

00:03:48,240 --> 00:03:45,520

multinationals working in asia-pacific

66

00:03:50,010 --> 00:03:48,250

and I suppose there comes a time in a

67

00:03:52,830 --> 00:03:50,020

person's life when they kind of decide

68

00:03:54,270 --> 00:03:52,840

that is this the right job for me and I

69

00:03:56,040 --> 00:03:54,280

think it was one of those days when

70

00:03:57,420 --> 00:03:56,050

about three or four hundred people had

71

00:04:00,180 --> 00:03:57,430

been screaming at me about their IT

72

00:04:02,370 --> 00:04:00,190

systems when I decided I don't know if I

73

00:04:04,800 --> 00:04:02,380

want to work in IT anymore and I think

74

00:04:06,630 --> 00:04:04,810

that's when you know when all the kind

75

00:04:08,250 --> 00:04:06,640

of powers that be come together in the

76

00:04:10,590 --> 00:04:08,260

cosmos and you think to yourself I need

77

00:04:12,630 --> 00:04:10,600

to change what I'm doing and always been

78

00:04:14,460 --> 00:04:12,640

very very interested in psychology but

79

00:04:17,039 --> 00:04:14,470

it's like can I go from information

80

00:04:20,699 --> 00:04:17,049

technology straight into psychology and

81

00:04:21,990 --> 00:04:20,709

as it happens yes we can especially when

82

00:04:23,130 --> 00:04:22,000

you leave your job and everybody

83

00:04:24,720 --> 00:04:23,140

screaming at you saying why are you

84

00:04:26,370 --> 00:04:24,730

leaving and you don't really want to

85

00:04:28,560 --> 00:04:26,380

tell them why because you've just had

86

00:04:30,210 --> 00:04:28,570

enough mm-hm and I remember going to the

87

00:04:32,260 --> 00:04:30,220

University and saying I really want to

88

00:04:34,270 --> 00:04:32,270

study psychology here and the woman

89

00:04:36,430 --> 00:04:34,280

looking at me saying hey you're pretty

90

00:04:38,380 --> 00:04:36,440

old I always say you guys here and I

91

00:04:41,170 --> 00:04:38,390

thinking well thank you very much for

92

00:04:43,480 --> 00:04:41,180

that that a vote of confidence but what

93

00:04:45,100 --> 00:04:43,490

did happen after that was I was accepted

94

00:04:48,670 --> 00:04:45,110

into one of the top universities in the

95

00:04:50,620 --> 00:04:48,680

UK I think mostly because I said things

96

00:04:52,810 --> 00:04:50,630

along the lines of I'm really really

97

00:04:54,580 --> 00:04:52,820

clean and I have money and I want to

98

00:04:55,960 --> 00:04:54,590

study and they were nodding their head

99

00:04:58,390 --> 00:04:55,970

saying yes we like the fact you've got

100

00:05:00,640 --> 00:04:58,400

money and want to study so they took me

101
00:05:01,840 --> 00:05:00,650
to the cause and never really looked

102
00:05:03,570 --> 00:05:01,850
back after that and it was all about

103
00:05:06,280 --> 00:05:03,580
psychology I always wanted to know about

104
00:05:08,440 --> 00:05:06,290
consciousness different types of

105
00:05:10,420 --> 00:05:08,450
experiences that people had and you hear

106
00:05:12,610 --> 00:05:10,430
all these things about like meditation

107
00:05:14,530 --> 00:05:12,620
and Buddhist monks and you read all

108
00:05:16,780 --> 00:05:14,540
these kind of wild fantastical things

109
00:05:18,850 --> 00:05:16,790
that they can do and it's like is any of

110
00:05:20,950 --> 00:05:18,860
this stuff real and and what did it say

111
00:05:22,360 --> 00:05:20,960
in kind of normal psychology about these

112
00:05:24,670 --> 00:05:22,370
types of experiences that are very

113
00:05:26,680 --> 00:05:24,680

anomalous and so going through an

114

00:05:28,570 --> 00:05:26,690

undergraduate degree there's nothing

115

00:05:31,360 --> 00:05:28,580

spoken about consciousness and it's like

116

00:05:33,760 --> 00:05:31,370

what the hell is going on here so it's a

117

00:05:35,590 --> 00:05:33,770

case of I really thinking in the third

118

00:05:37,120 --> 00:05:35,600

year on the graduate degree you need to

119

00:05:37,660 --> 00:05:37,130

do a big project and I thought what can

120

00:05:40,330 --> 00:05:37,670

I do

121

00:05:42,310 --> 00:05:40,340

how about testing whether you can change

122

00:05:44,800 --> 00:05:42,320

someone's perception of the world alter

123

00:05:46,690 --> 00:05:44,810

their conscious experience and so I

124

00:05:49,690 --> 00:05:46,700

worked very closely with one of my

125

00:05:51,820 --> 00:05:49,700

friends in the university and we were I

126

00:05:53,740 --> 00:05:51,830

was able to successfully change his

127

00:05:56,230 --> 00:05:53,750

experience of certain things and it's

128

00:05:58,600 --> 00:05:56,240

like to me this thought said it seems to

129

00:06:00,370 --> 00:05:58,610

be a crack in the door here your

130

00:06:02,590 --> 00:06:00,380

conscious experience of the world is one

131

00:06:04,840 --> 00:06:02,600

thing but it seems that you can alter it

132

00:06:06,520 --> 00:06:04,850

I wonder if this links to what Buddhist

133

00:06:08,890 --> 00:06:06,530

meditators do and all these other guys

134

00:06:11,560 --> 00:06:08,900

talk about these other anomalous types

135

00:06:14,110 --> 00:06:11,570

of experiences so I decided that I want

136

00:06:16,030 --> 00:06:14,120

to stay on and do a PhD and it's really

137

00:06:18,820 --> 00:06:16,040

when I decided to do the research into

138

00:06:20,440 --> 00:06:18,830

this that you know the real fun started

139

00:06:24,400 --> 00:06:20,450

because that's when I was allowed loose

140

00:06:26,800 --> 00:06:24,410

on first years to do experiments and all

141

00:06:29,710 --> 00:06:26,810

good experiments and ethical and

142

00:06:32,350 --> 00:06:29,720

aboveboard but really I was able to then

143

00:06:35,320 --> 00:06:32,360

put together a set of psychological

144

00:06:37,150 --> 00:06:35,330

processes that allowed you to move from

145

00:06:39,820 --> 00:06:37,160

this waking state of consciousness that

146

00:06:42,610 --> 00:06:39,830

we're in now to this other type of

147

00:06:45,730 --> 00:06:42,620

consciousness which I suppose I can only

148

00:06:47,890 --> 00:06:45,740

describe as access to the unconscious

149

00:06:49,570 --> 00:06:47,900

and normally you hear about that this

150

00:06:52,240 --> 00:06:49,580

type of access when people talk about

151
00:06:53,890 --> 00:06:52,250
things like hey you know I was I was

152
00:06:55,629 --> 00:06:53,900
lying in bed one night and I was

153
00:06:57,790 --> 00:06:55,639
dreaming and then I kind of woke up in

154
00:06:59,950 --> 00:06:57,800
my dream and I started to fly around and

155
00:07:02,050 --> 00:06:59,960
do all this kind of weird stuff I mean

156
00:07:03,550 --> 00:07:02,060
these types of experiences that people

157
00:07:06,370 --> 00:07:03,560
reported in things like lucid dreaming

158
00:07:08,950 --> 00:07:06,380
or out-of-body experience or near-death

159
00:07:11,430 --> 00:07:08,960
experience were very similar to the

160
00:07:14,350 --> 00:07:11,440
taxi experiences I could produce in in

161
00:07:16,360 --> 00:07:14,360
participants using my psychological

162
00:07:18,999 --> 00:07:16,370
techniques and it's like there seems to

163
00:07:22,480 --> 00:07:19,009

be a common thread here so I call this

164

00:07:24,010 --> 00:07:22,490

technique EVT because you can't after a

165

00:07:26,620 --> 00:07:24,020

while you need to call it something I

166

00:07:27,670 --> 00:07:26,630

saw like I'd tell I'll call EVT and what

167

00:07:29,860 --> 00:07:27,680

we're going to do is we're going to take

168

00:07:31,600 --> 00:07:29,870

so many subjects and we're going to take

169

00:07:32,830 --> 00:07:31,610

them through the process and then we're

170

00:07:34,960 --> 00:07:32,840

going to ask them what were your

171

00:07:37,149 --> 00:07:34,970

experiences when you went from this

172

00:07:39,700 --> 00:07:37,159

waking state now talking to me to this

173

00:07:41,710 --> 00:07:39,710

other state that we called EBT and it

174

00:07:43,899 --> 00:07:41,720

seemed to me that they hope they all

175

00:07:46,570 --> 00:07:43,909

have very similar types of experience

176

00:07:49,510 --> 00:07:46,580

the feelings of kind of becoming very

177

00:07:52,240 --> 00:07:49,520

very heavy luding losing sense of their

178

00:07:54,310 --> 00:07:52,250

body and feelings of lightness kind of

179

00:07:56,800 --> 00:07:54,320

some people reported leaving their body

180

00:07:59,920 --> 00:07:56,810

but most of them reported that they were

181

00:08:01,270 --> 00:07:59,930

in another place they were operating in

182

00:08:03,550 --> 00:08:01,280

that environment they were walking

183

00:08:06,820 --> 00:08:03,560

around talking to people doing things

184

00:08:10,120 --> 00:08:06,830

all kind of exciting stuff so for me it

185

00:08:12,790 --> 00:08:10,130

was a case of I think I found an access

186

00:08:14,230 --> 00:08:12,800

path from this waking consciousness to

187

00:08:17,589 --> 00:08:14,240

this other type of consciousness the

188

00:08:20,800 --> 00:08:17,599

unconscious and so over many years of

189

00:08:22,959 --> 00:08:20,810

research in my PhD kind of mapped out

190

00:08:26,200 --> 00:08:22,969

everything that you needed to do to move

191

00:08:28,510 --> 00:08:26,210

from here to there in very very great

192

00:08:31,120 --> 00:08:28,520

detail and one of the things that was

193

00:08:32,769 --> 00:08:31,130

very interesting is that I tended to

194

00:08:35,769 --> 00:08:32,779

find that there were four types of

195

00:08:38,170 --> 00:08:35,779

people who came to do the experiment and

196

00:08:40,750 --> 00:08:38,180

the first type are these types of people

197

00:08:42,370 --> 00:08:40,760

that you know they close that they're

198

00:08:43,750 --> 00:08:42,380

close their eyes they get very relaxed

199

00:08:46,090 --> 00:08:43,760

and within five minutes they're saying

200

00:08:48,280 --> 00:08:46,100

things like yes I'm flying in the sky

201
00:08:50,680 --> 00:08:48,290
and I can see my mother and father and

202
00:08:52,420 --> 00:08:50,690
I'm contacting aliens and I can see this

203
00:08:55,210 --> 00:08:52,430
the other in fact you're looking at your

204
00:08:57,460 --> 00:08:55,220
clock and going they've been in for the

205
00:08:59,199 --> 00:08:57,470
only took five minutes to get in and

206
00:09:00,939 --> 00:08:59,209
these type of people

207
00:09:02,199 --> 00:09:00,949
I think I was explaining to furusho the

208
00:09:04,720 --> 00:09:02,209
other night it's a bit like when you

209
00:09:05,889 --> 00:09:04,730
drill for oil you know it's sometimes

210
00:09:07,540 --> 00:09:05,899
when you're drilling into the ground

211
00:09:09,579 --> 00:09:07,550
they all come straight out because it's

212
00:09:13,150 --> 00:09:09,589
just beneath the surface and what I

213
00:09:15,460 --> 00:09:13,160

found is these people only needed a

214

00:09:16,809 --> 00:09:15,470

little bit of encouragement or a small

215

00:09:18,699 --> 00:09:16,819

number of techniques and they were able

216

00:09:21,309 --> 00:09:18,709

to access their own Contras immediately

217

00:09:23,439 --> 00:09:21,319

it's like and off they go and then they

218

00:09:25,600 --> 00:09:23,449

were the second types of participant who

219

00:09:26,949 --> 00:09:25,610

came along and you'd be using the

220

00:09:28,780 --> 00:09:26,959

techniques and trying to get them

221

00:09:31,480 --> 00:09:28,790

relaxed and all it and what you'd find

222

00:09:34,299 --> 00:09:31,490

out is this type of person it took hours

223

00:09:36,160 --> 00:09:34,309

to get them to a state where they were

224

00:09:38,199 --> 00:09:36,170

able to freely move around within their

225

00:09:39,819 --> 00:09:38,209

own conscious and experience all the

226
00:09:42,189 --> 00:09:39,829
things that the other people experienced

227
00:09:44,889 --> 00:09:42,199
and then there was I call that the

228
00:09:46,600 --> 00:09:44,899
people who are very hard so what you

229
00:09:48,489 --> 00:09:46,610
would and you know we're talking about

230
00:09:50,980 --> 00:09:48,499
dedication here I would sit them in the

231
00:09:54,189 --> 00:09:50,990
chair relax them and I'm really talking

232
00:09:56,109 --> 00:09:54,199
seven or eight hours or later these

233
00:09:58,299 --> 00:09:56,119
people would be saying things like oh I

234
00:10:00,369 --> 00:09:58,309
think I can see something oh I'm in

235
00:10:02,470 --> 00:10:00,379
somewhere someone's talking to me oh

236
00:10:04,269 --> 00:10:02,480
I've got this a wonderful place or this

237
00:10:07,449 --> 00:10:04,279
kind of store so there were three types

238
00:10:09,220 --> 00:10:07,459

of people that kind of came to do the

239

00:10:11,619 --> 00:10:09,230

experiment and it's only via the

240

00:10:13,900 --> 00:10:11,629

experimentation that you worked out some

241

00:10:16,480 --> 00:10:13,910

people have access very easily it's a

242

00:10:20,049 --> 00:10:16,490

very thin met that kind of resistance

243

00:10:23,199 --> 00:10:20,059

some people what I call kind of middle

244

00:10:25,840 --> 00:10:23,209

too easy they are the majority of people

245

00:10:28,689 --> 00:10:25,850

in the world it takes you a few hours to

246

00:10:31,119 --> 00:10:28,699

get them in and then these people are

247

00:10:33,819 --> 00:10:31,129

quite hard they're quite resistant you

248

00:10:35,350 --> 00:10:33,829

may spend all day kind of drilling on

249

00:10:37,179 --> 00:10:35,360

that person trying to get them to a

250

00:10:39,280 --> 00:10:37,189

state where the totally relaxed and then

251
00:10:42,850 --> 00:10:39,290
can move over and access their

252
00:10:44,949 --> 00:10:42,860
unconscious so that process we call what

253
00:10:47,519 --> 00:10:44,959
I call those EVT and I did a lot of

254
00:10:50,109 --> 00:10:47,529
experimentation with a friend there and

255
00:10:52,269 --> 00:10:50,119
it was during that experimentation that

256
00:10:54,539 --> 00:10:52,279
kind of mapped out everything that

257
00:10:58,030 --> 00:10:54,549
needed to happen to get you from here

258
00:11:00,039 --> 00:10:58,040
all the way over to there and all the

259
00:11:02,859 --> 00:11:00,049
steps in between and all the signs and

260
00:11:04,359 --> 00:11:02,869
signals that said yes we're going along

261
00:11:07,329 --> 00:11:04,369
the right place you go into the right

262
00:11:10,210 --> 00:11:07,339
space did you mention that there was a

263
00:11:12,940 --> 00:11:10,220

fourth type of person I think you did

264

00:11:15,910 --> 00:11:12,950

that that that type of person that was

265

00:11:18,610 --> 00:11:15,920

so left brain that they kept thinking

266

00:11:20,080 --> 00:11:18,620

about well what does this mean and why

267

00:11:24,700 --> 00:11:20,090

am I doing this while it was happening

268

00:11:27,730 --> 00:11:24,710

oh yes this I suppose I suppose if you

269

00:11:30,160 --> 00:11:27,740

look at these range of people there's

270

00:11:32,590 --> 00:11:30,170

this kind of I call like concrete people

271

00:11:35,770 --> 00:11:32,600

they're very concrete very analytical

272

00:11:38,020 --> 00:11:35,780

and and as you're saying Oh relax let go

273

00:11:40,210 --> 00:11:38,030

allow yourself to just get absorbed into

274

00:11:42,130 --> 00:11:40,220

the and they're saying I think I'm I'm

275

00:11:44,500 --> 00:11:42,140

getting relaxed now it's like yes very

276

00:11:46,090 --> 00:11:44,510

interesting now be quiet and relax and

277

00:11:47,950 --> 00:11:46,100

close your eyes and just let go

278

00:11:49,150 --> 00:11:47,960

I think I'm relaxing more now it's like

279

00:11:51,340 --> 00:11:49,160

okay

280

00:11:52,450 --> 00:11:51,350

right and that can go on for a very very

281

00:11:55,030 --> 00:11:52,460

long time

282

00:11:57,460 --> 00:11:55,040

and I do remember one particular guy and

283

00:12:00,730 --> 00:11:57,470

I think I need to get a medal or a badge

284

00:12:03,400 --> 00:12:00,740

for sort of efforts I spent four days on

285

00:12:05,770 --> 00:12:03,410

this guy and we're talking six seven

286

00:12:08,560 --> 00:12:05,780

hours a day and it's like what the heck

287

00:12:10,240 --> 00:12:08,570

is this guy doing and so what I learned

288

00:12:12,640 --> 00:12:10,250

with these guys that are very very hard

289

00:12:14,410 --> 00:12:12,650

to get in that the part of the process

290

00:12:16,600 --> 00:12:14,420

had to be that every time I did a part

291

00:12:18,130 --> 00:12:16,610

of the technique I needed to stop the

292

00:12:20,890 --> 00:12:18,140

technique and I needed to sit them down

293

00:12:22,990 --> 00:12:20,900

and say now tell me everything that's

294

00:12:25,480 --> 00:12:23,000

going on in your head because what

295

00:12:27,250 --> 00:12:25,490

tended to happen was people were saying

296

00:12:29,200 --> 00:12:27,260

yes I'm relaxing it's great and keep

297

00:12:31,390 --> 00:12:29,210

going and it's like no no you need to

298

00:12:34,870 --> 00:12:31,400

tell me more so they'd say things like

299

00:12:36,880 --> 00:12:34,880

well as I was relaxing nothing really

300

00:12:39,460 --> 00:12:36,890

happened and you're thinking okay what

301
00:12:41,140 --> 00:12:39,470
does nothing mean to you well as I was

302
00:12:43,390 --> 00:12:41,150
relaxing and nothing was happening this

303
00:12:45,520 --> 00:12:43,400
guy was talking to me and he was telling

304
00:12:47,920 --> 00:12:45,530
me that you know man's destiny in the

305
00:12:50,200 --> 00:12:47,930
world is just like anger world world

306
00:12:51,520 --> 00:12:50,210
world so this is not thing happening

307
00:12:53,170 --> 00:12:51,530
yeah nothing was happening

308
00:12:54,670 --> 00:12:53,180
all right well who was this guy you were

309
00:12:56,050 --> 00:12:54,680
talking to oh we had a really long

310
00:12:58,300 --> 00:12:56,060
conversation we were talking about the

311
00:13:00,520 --> 00:12:58,310
nature of reality why we're here what

312
00:13:05,380 --> 00:13:00,530
man's destiny is how I can contribute

313
00:13:07,510 --> 00:13:05,390

and I'm thinking okay that's nothing

314

00:13:09,370 --> 00:13:07,520

happening so for me it was the kind of a

315

00:13:11,650 --> 00:13:09,380

bit of a wake-up call I need to really

316

00:13:13,060 --> 00:13:11,660

really interrogate these people as to

317

00:13:15,880 --> 00:13:13,070

the nature of their experience so I'd

318

00:13:17,740 --> 00:13:15,890

say tell me what nothing is to you tell

319

00:13:20,080 --> 00:13:17,750

me what not much is happening and you'd

320

00:13:22,090 --> 00:13:20,090

find that in this kind of murasa there's

321

00:13:24,340 --> 00:13:22,100

nothing happening all kinds of

322

00:13:27,580 --> 00:13:24,350

experiences were being reported so

323

00:13:29,410 --> 00:13:27,590

things like that was interesting

324

00:13:30,970 --> 00:13:29,420

you know 40 minutes and they come out

325

00:13:33,280 --> 00:13:30,980

and they're looking okay bit

326

00:13:34,810 --> 00:13:33,290

disappointed maybe it's like so tell me

327

00:13:36,340 --> 00:13:34,820

about this nothing than that nothing's

328

00:13:38,080 --> 00:13:36,350

going on there's nothing happening they

329

00:13:39,820 --> 00:13:38,090

said well you know I was on a bridge I

330

00:13:42,010 --> 00:13:39,830

was chatting to this guy I just couldn't

331

00:13:44,320 --> 00:13:42,020

believe how amazingly detailed his code

332

00:13:48,250 --> 00:13:44,330

was and I kept talking to him about this

333

00:13:49,690 --> 00:13:48,260

down kneel and it's like okay to you

334

00:13:51,280 --> 00:13:49,700

that doesn't mean anything but what it

335

00:13:53,860 --> 00:13:51,290

really meant to them is it's not the

336

00:13:56,290 --> 00:13:53,870

experience I was expecting as always an

337

00:13:58,000 --> 00:13:56,300

amazing fantastic experience to me like

338

00:14:00,430 --> 00:13:58,010

yes jackpot

339

00:14:02,410 --> 00:14:00,440

gold we can move from there to them it

340

00:14:04,360 --> 00:14:02,420

was like no no I wanted to meet such and

341

00:14:06,070 --> 00:14:04,370

such a person or I wanted to go to such

342

00:14:07,810 --> 00:14:06,080

and such a place and I didn't seem to be

343

00:14:10,900 --> 00:14:07,820

able to get there and all these kinds of

344

00:14:15,010 --> 00:14:10,910

things so we're talking like five to ten

345

00:14:17,860 --> 00:14:15,020

years of this kind of experimentation

346

00:14:20,920 --> 00:14:17,870

and experience reporting where I kind of

347

00:14:22,930 --> 00:14:20,930

sifted together what do they need to get

348

00:14:24,970 --> 00:14:22,940

to this place what do I need to do

349

00:14:27,310 --> 00:14:24,980

psychologically what do I need to

350

00:14:28,720 --> 00:14:27,320

prepare upfront how do I move them

351

00:14:31,630 --> 00:14:28,730

across from the waking state to this

352

00:14:33,700 --> 00:14:31,640

other state but then importantly once

353

00:14:35,220 --> 00:14:33,710

they're over there there's certain

354

00:14:37,450 --> 00:14:35,230

things we need to do straight away

355

00:14:39,220 --> 00:14:37,460

because if you just leave people to

356

00:14:41,290 --> 00:14:39,230

wander around in that state with in

357

00:14:43,300 --> 00:14:41,300

their mind you get can get into all

358

00:14:46,300 --> 00:14:43,310

kinds of trouble wandering around and

359

00:14:48,820 --> 00:14:46,310

doing stupid things so I kind of set up

360

00:14:50,560 --> 00:14:48,830

a kind of structure and a pro-forma this

361

00:14:52,000 --> 00:14:50,570

is what you need to get in this is what

362

00:14:53,380 --> 00:14:52,010

you're going to do when you get in this

363

00:14:55,630 --> 00:14:53,390

is who you're gonna meet this is the

364

00:14:57,010 --> 00:14:55,640

contact you're going to set up this is

365

00:14:59,020 --> 00:14:57,020

the kind of environment you're going to

366

00:15:01,210 --> 00:14:59,030

create and it's going to be happy and

367

00:15:03,400 --> 00:15:01,220

upbeat and high-energy so the

368

00:15:05,890 --> 00:15:03,410

experiences I have will be a reflection

369

00:15:10,090 --> 00:15:05,900

of the state that you're in so that was

370

00:15:13,750 --> 00:15:10,100

how he beauty was born like this EVT

371

00:15:16,600 --> 00:15:13,760

stand for for me was enhanced

372

00:15:20,310 --> 00:15:16,610

visualization technique okay because my

373

00:15:22,870 --> 00:15:20,320

PhD was all about mental imagery

374

00:15:24,940 --> 00:15:22,880

imaginative consciousness and how they

375

00:15:28,270 --> 00:15:24,950

all related to one another and how could

376

00:15:31,330 --> 00:15:28,280

you enhance one over the other and what

377

00:15:33,180 --> 00:15:31,340

does it mean to have imagination and you

378

00:15:36,160 --> 00:15:33,190

know ultimately the research shows that

379

00:15:38,650 --> 00:15:36,170

imagination in the waking State is this

380

00:15:40,300 --> 00:15:38,660

very dim cousin of the imaginative

381

00:15:42,130 --> 00:15:40,310

consciousness that you have when you

382

00:15:43,480 --> 00:15:42,140

going to this other state where in

383

00:15:45,820 --> 00:15:43,490

essence you can have any type of

384

00:15:48,160 --> 00:15:45,830

experience that you want what kind of

385

00:15:52,180 --> 00:15:48,170

techniques did you use was that like a

386

00:15:54,970 --> 00:15:52,190

hypnotic type it's it's well the good

387

00:15:57,880 --> 00:15:54,980

thing is is although I do have a diploma

388

00:16:00,280 --> 00:15:57,890

in clinical hypnotherapy it's not really

389

00:16:03,940 --> 00:16:00,290

a hypnotic technique a lot of it is

390

00:16:06,460 --> 00:16:03,950

geared towards losing your body image

391

00:16:08,950 --> 00:16:06,470

and what does that mean so for example

392

00:16:11,200 --> 00:16:08,960

if I say to you now close your eyes and

393

00:16:13,540 --> 00:16:11,210

put your finger on your nose hopefully

394

00:16:15,280 --> 00:16:13,550

if you haven't had a few beers you will

395

00:16:17,079 --> 00:16:15,290

know exactly where your nose isn't put

396

00:16:18,730 --> 00:16:17,089

your finger on it you don't need to look

397

00:16:20,860 --> 00:16:18,740

in a mirror or try and work out what's

398

00:16:23,050 --> 00:16:20,870

happening and that's because your mind

399

00:16:26,500 --> 00:16:23,060

keeps a map of where every part of your

400

00:16:28,720 --> 00:16:26,510

body is and the idea is that what you

401
00:16:31,090 --> 00:16:28,730
want the mind to do is to lose that body

402
00:16:33,430 --> 00:16:31,100
image that proprioception as we would

403
00:16:36,310 --> 00:16:33,440
call it so there's a lot of relaxation

404
00:16:38,560 --> 00:16:36,320
involved until it feels like your body

405
00:16:40,329 --> 00:16:38,570
is becoming numb that's the state that

406
00:16:42,790 --> 00:16:40,339
we're trying to get to to start with

407
00:16:46,170 --> 00:16:42,800
that's very very important because

408
00:16:49,510 --> 00:16:46,180
without that nothing is going to happen

409
00:16:51,280 --> 00:16:49,520
so people say yeah yeah feeling really

410
00:16:52,840 --> 00:16:51,290
relaxed now like okay the fact that

411
00:16:54,910 --> 00:16:52,850
you're talking for me and the fact that

412
00:16:56,440 --> 00:16:54,920
you're asking questions tells me that

413
00:16:58,450 --> 00:16:56,450

you're not really in that relaxed state

414

00:17:02,770 --> 00:16:58,460

of maybe physically but now I need to

415

00:17:04,660 --> 00:17:02,780

mentally relax you I need to kind of dim

416

00:17:06,429 --> 00:17:04,670

down the waking consciousness I allow

417

00:17:09,189 --> 00:17:06,439

that to go down and then as that comes

418

00:17:11,169 --> 00:17:09,199

down another type of consciousness very

419

00:17:14,890 --> 00:17:11,179

very subtle type of consciousness starts

420

00:17:17,020 --> 00:17:14,900

to rise up but it's very very fragile if

421

00:17:18,490 --> 00:17:17,030

during that case as one's coming down

422

00:17:20,829 --> 00:17:18,500

and the other ones slowly come and go up

423

00:17:22,329 --> 00:17:20,839

if you start to ask questions using your

424

00:17:24,189 --> 00:17:22,339

analytical part of your mind

425

00:17:25,870 --> 00:17:24,199

an analytical type of consciousness

426

00:17:28,449 --> 00:17:25,880

arises and crushes the other

427

00:17:31,270 --> 00:17:28,459

consciousness so what tends to happen is

428

00:17:33,550 --> 00:17:31,280

as I relax people and the same you know

429

00:17:34,990 --> 00:17:33,560

relax that go imagine all kinds of

430

00:17:37,140 --> 00:17:35,000

things happening to your body that relax

431

00:17:39,640 --> 00:17:37,150

you if they let's start asking questions

432

00:17:41,620 --> 00:17:39,650

this all the consciousness gets crushed

433

00:17:44,200 --> 00:17:41,630

down and then this analytical waking

434

00:17:46,390 --> 00:17:44,210

conscious that comes in so I advise them

435

00:17:48,190 --> 00:17:46,400

not to keep endlessly asking questions

436

00:17:49,990 --> 00:17:48,200

about things because they are stopping

437

00:17:53,140 --> 00:17:50,000

this for the consciousness from rising

438

00:17:53,950 --> 00:17:53,150

up is this state similar to what is

439

00:17:58,389 --> 00:17:53,960

known as the

440

00:18:02,409 --> 00:17:58,399

liminal state what is the liminal state

441

00:18:04,180 --> 00:18:02,419

mating the liminal state is right before

442

00:18:06,700 --> 00:18:04,190

you go to sleep and right as you're

443

00:18:10,180 --> 00:18:06,710

waking up it's a state of semi

444

00:18:14,380 --> 00:18:10,190

consciousness when you might be running

445

00:18:16,960 --> 00:18:14,390

some high alpha waves I guess hmm I

446

00:18:19,210 --> 00:18:16,970

suppose one of the things I want to say

447

00:18:20,950 --> 00:18:19,220

about every T's at no point during any of

448

00:18:24,430 --> 00:18:20,960

this state do you disappear or lose

449

00:18:26,889 --> 00:18:24,440

consciousness or you know you leave the

450

00:18:28,990 --> 00:18:26,899

world or become unconscious you are

451
00:18:33,909 --> 00:18:29,000
conscious all the way through it and I

452
00:18:35,860 --> 00:18:33,919
suppose worry is is a I've looked at

453
00:18:38,230 --> 00:18:35,870
some Buddhists meditation techniques

454
00:18:40,840 --> 00:18:38,240
extremely advanced where they're able to

455
00:18:43,620 --> 00:18:40,850
move straight from the waking state into

456
00:18:47,769 --> 00:18:43,630
this altered state of consciousness and

457
00:18:49,840 --> 00:18:47,779
EVT is of that except that they're doing

458
00:18:53,049 --> 00:18:49,850
it by themselves and to start with I

459
00:18:55,000 --> 00:18:53,059
guide you I get you to that state fully

460
00:18:57,159 --> 00:18:55,010
aware of what's happening fully aware of

461
00:19:00,460 --> 00:18:57,169
what's what six what you're experiencing

462
00:19:03,970 --> 00:19:00,470
around you and then moving you and as I

463
00:19:05,740 --> 00:19:03,980

said I suppose holding your hand for

464

00:19:06,639 --> 00:19:05,750

want of a better word to move you into

465

00:19:12,909 --> 00:19:06,649

this other state

466

00:19:15,970 --> 00:19:12,919

certain things within the mind and then

467

00:19:17,560 --> 00:19:15,980

from there you explore and then I teach

468

00:19:19,659 --> 00:19:17,570

people how to enter that state

469

00:19:22,510 --> 00:19:19,669

themselves without me doing anything in

470

00:19:24,760 --> 00:19:22,520

in a typical session last in a day or

471

00:19:27,159 --> 00:19:24,770

two they might go into that state say

472

00:19:29,289 --> 00:19:27,169

ten or fifteen times by themselves and

473

00:19:31,060 --> 00:19:29,299

by the time they leave me they're able

474

00:19:33,940 --> 00:19:31,070

to access that or the state of

475

00:19:36,909 --> 00:19:33,950

consciousness anytime that they want so

476

00:19:39,190 --> 00:19:36,919

this is not a explore and have an

477

00:19:41,529 --> 00:19:39,200

interesting experience this is opening

478

00:19:43,870 --> 00:19:41,539

up and type what we call in psychology

479

00:19:46,360 --> 00:19:43,880

were creating an access consciousness

480

00:19:48,430 --> 00:19:46,370

it's almost like a ladder from this

481

00:19:50,440 --> 00:19:48,440

waking consciousness to that other type

482

00:19:52,389 --> 00:19:50,450

of consciousness and they can lift that

483

00:19:55,090 --> 00:19:52,399

ladder up whenever you want go across

484

00:19:57,340 --> 00:19:55,100

explore decide if you want to finish now

485

00:19:59,620 --> 00:19:57,350

take a ladder down and come back wide

486

00:20:01,299 --> 00:19:59,630

awake so this isn't this isn't saying

487

00:20:03,250 --> 00:20:01,309

you have to keep coming back to me and

488

00:20:06,700 --> 00:20:03,260

only I've got the key and you have to

489

00:20:09,940 --> 00:20:06,710

keep coming back I create that for you

490

00:20:12,370 --> 00:20:09,950

and then together we test it over and

491

00:20:14,980 --> 00:20:12,380

over and then I show you how to open it

492

00:20:16,540 --> 00:20:14,990

and close it and then how to on what

493

00:20:19,480 --> 00:20:16,550

types of things you can experience and

494

00:20:22,540 --> 00:20:19,490

move into that's very different from the

495

00:20:25,000 --> 00:20:22,550

other guests that are described like you

496

00:20:27,100 --> 00:20:25,010

know like sort of out of body

497

00:20:28,810 --> 00:20:27,110

experiences and so on because those

498

00:20:34,360 --> 00:20:28,820

people have been unconscious in the

499

00:20:36,700 --> 00:20:34,370

conscious yeah sometimes but I've had

500

00:20:38,650 --> 00:20:36,710

the experience where in terms of an

501
00:20:41,590 --> 00:20:38,660
out-of-body state I would call an EVT

502
00:20:44,440 --> 00:20:41,600
state kind of like an outer-body state

503
00:20:46,780 --> 00:20:44,450
so for want of a better word but be what

504
00:20:49,240 --> 00:20:46,790
you were aware of it on your conscious

505
00:20:53,740 --> 00:20:49,250
level is it's same time yeah well the

506
00:20:55,240 --> 00:20:53,750
thing is stiff what it's well yes you

507
00:20:57,040 --> 00:20:55,250
can enter an out-of-body state

508
00:21:00,730 --> 00:20:57,050
consciously without losing consciousness

509
00:21:02,680 --> 00:21:00,740
a lot of people feel they need to become

510
00:21:05,530 --> 00:21:02,690
unconscious and kind of wake up in the

511
00:21:07,240 --> 00:21:05,540
OBE stay mm-hmm but with EVT you don't

512
00:21:09,580 --> 00:21:07,250
have to lose consciousness so you can

513
00:21:11,920 --> 00:21:09,590

move to the OBE state directly so you

514

00:21:14,230 --> 00:21:11,930

don't I know that in lucid dreaming

515

00:21:16,420 --> 00:21:14,240

right sometimes I will go to sleep and

516

00:21:19,540 --> 00:21:16,430

wake up in a lucid dream like hey great

517

00:21:21,820 --> 00:21:19,550

wonderful but with EVT you don't lose

518

00:21:23,530 --> 00:21:21,830

consciousness what you do is the wake

519

00:21:26,650 --> 00:21:23,540

the thing that drives your waking

520

00:21:28,900 --> 00:21:26,660

experience of reality dies right down

521

00:21:30,700 --> 00:21:28,910

and then this other consciousness that

522

00:21:33,220 --> 00:21:30,710

might be something like dream

523

00:21:34,450 --> 00:21:33,230

consciousness OBE consciousness NDE

524

00:21:36,850 --> 00:21:34,460

consciousness whatever you want to call

525

00:21:38,410 --> 00:21:36,860

it starts to rise opening you kind of

526
00:21:40,630 --> 00:21:38,420
follow the wave with it and then you go

527
00:21:43,180 --> 00:21:40,640
into it and this techniques to show you

528
00:21:45,160 --> 00:21:43,190
how to go in and how to establish a kind

529
00:21:48,070 --> 00:21:45,170
of a bridgehead how to consolidate that

530
00:21:54,460 --> 00:21:48,080
and then how to explore on from there so

531
00:21:58,930 --> 00:21:54,470
sold Phil how does this relate to your

532
00:22:02,320 --> 00:21:58,940
grieving practice you're helping people

533
00:22:04,090 --> 00:22:02,330
with their grieving sure so that that

534
00:22:06,730 --> 00:22:04,100
side of it so for me it was like hey

535
00:22:09,250 --> 00:22:06,740
this is fascinating you know if I take a

536
00:22:10,900 --> 00:22:09,260
normal EVP session once they are in I

537
00:22:13,000 --> 00:22:10,910
will introduce them to their higher self

538
00:22:14,890 --> 00:22:13,010

there'll be a kind of introduction and

539

00:22:17,260 --> 00:22:14,900

explanation of what the higher self is

540

00:22:19,270 --> 00:22:17,270

they can have that conversation forever

541

00:22:20,270 --> 00:22:19,280

and I then use the higher self as the

542

00:22:23,180 --> 00:22:20,280

guide to

543

00:22:24,710 --> 00:22:23,190

space so the highest up is going to look

544

00:22:27,050 --> 00:22:24,720

after that person and make sure they

545

00:22:30,650 --> 00:22:27,060

don't get into trouble one of the things

546

00:22:32,750 --> 00:22:30,660

that move me towards the what about

547

00:22:34,190 --> 00:22:32,760

people who have lost people who are

548

00:22:35,870 --> 00:22:34,200

passed over and all this kind of thing

549

00:22:38,840 --> 00:22:35,880

is it started with my mother when my

550

00:22:42,890 --> 00:22:38,850

father died and I think it's you know

551
00:22:44,840 --> 00:22:42,900
when I think with in my mom and dad's

552
00:22:45,770 --> 00:22:44,850
day that kind of couples stay together

553
00:22:47,960 --> 00:22:45,780
forever

554
00:22:51,080 --> 00:22:47,970
and they were kind of life partners and

555
00:22:52,100 --> 00:22:51,090
when my father died my mother just lost

556
00:22:55,100 --> 00:22:52,110
it completely

557
00:22:57,620 --> 00:22:55,110
and she she basically wanted to join my

558
00:22:59,600 --> 00:22:57,630
father and I and I was thinking what can

559
00:23:01,610 --> 00:22:59,610
I do what can I do what the hell can I

560
00:23:04,130 --> 00:23:01,620
do it's like every day my mother was

561
00:23:06,080 --> 00:23:04,140
cramming for like a year she was crying

562
00:23:07,190 --> 00:23:06,090
and distraught and depressed and didn't

563
00:23:09,650 --> 00:23:07,200

want to live and all these things like

564

00:23:14,060 --> 00:23:09,660

for me was soul destroying I was

565

00:23:16,880 --> 00:23:14,070

thinking what if I use EVT get her

566

00:23:19,100 --> 00:23:16,890

contact higher cell and then we agree

567

00:23:22,280 --> 00:23:19,110

with the higher cell that we can go and

568

00:23:24,170 --> 00:23:22,290

meet my father that's how it all started

569

00:23:26,270 --> 00:23:24,180

with my mother let me ask you one thing

570

00:23:28,160 --> 00:23:26,280

I'm going to interrupt you because we

571

00:23:31,760 --> 00:23:28,170

have to understand that not everybody

572

00:23:34,520 --> 00:23:31,770

here knows what the higher self is which

573

00:23:37,390 --> 00:23:34,530

is to say I have a understanding of it

574

00:23:41,210 --> 00:23:37,400

and Kate probably does but we could have

575

00:23:42,650 --> 00:23:41,220

we could have people listening to us and

576
00:23:45,950 --> 00:23:42,660
they don't know what you mean by higher

577
00:23:48,080 --> 00:23:45,960
self so I'm just going to interrupt you

578
00:23:52,160 --> 00:23:48,090
for a second and you will explain what

579
00:23:54,710 --> 00:23:52,170
you mean by higher self certainly okay

580
00:23:58,180 --> 00:23:54,720
within every single person there is a

581
00:24:01,940 --> 00:23:58,190
totally actualize consolidated

582
00:24:02,600 --> 00:24:01,950
integrated part of them which we call

583
00:24:05,300 --> 00:24:02,610
the higher-self

584
00:24:09,050 --> 00:24:05,310
some people call it soul some people

585
00:24:12,260 --> 00:24:09,060
call it other things but the non I

586
00:24:14,990 --> 00:24:12,270
suppose the simplest way to describe it

587
00:24:17,870 --> 00:24:15,000
is this an aspect of you which is just

588
00:24:20,090 --> 00:24:17,880

totally integrated and actualized knows

589

00:24:21,380 --> 00:24:20,100

everything that you need to do know is

590

00:24:24,140 --> 00:24:21,390

everything that you've done previously

591

00:24:25,310 --> 00:24:24,150

knows what you should be doing but since

592

00:24:27,650 --> 00:24:25,320

you have free will

593

00:24:28,880 --> 00:24:27,660

well what you do what you are doing and

594

00:24:31,070 --> 00:24:28,890

then be looking at you saying why the

595

00:24:32,900 --> 00:24:31,080

heck are you doing that but it's this

596

00:24:34,070 --> 00:24:32,910

part of you that gives you can give you

597

00:24:37,080 --> 00:24:34,080

unconditional law

598

00:24:38,490 --> 00:24:37,090

and can help you explore that state it's

599

00:24:41,070 --> 00:24:38,500

the bear view that remains after

600

00:24:42,600 --> 00:24:41,080

everything else is gone and some people

601
00:24:44,310 --> 00:24:42,610
would say that it extends across

602
00:24:47,519 --> 00:24:44,320
multiple lifetimes and it's with you

603
00:24:49,980 --> 00:24:47,529
forever but that's the part of you that

604
00:24:52,350 --> 00:24:49,990
knows exactly what needs to be done that

605
00:24:56,039 --> 00:24:52,360
lives in that space all the time and

606
00:24:58,499 --> 00:24:56,049
knows exactly everything about you your

607
00:25:00,869 --> 00:24:58,509
purpose what you need to do how you need

608
00:25:04,350 --> 00:25:00,879
to do it and in what ways that needs to

609
00:25:07,529 --> 00:25:04,360
be achieved in I don't want to wander

610
00:25:09,149 --> 00:25:07,539
into the Buriti kind of wordy stuff but

611
00:25:13,289 --> 00:25:09,159
this is definitely a constant within

612
00:25:14,730 --> 00:25:13,299
mind that he is you know if you ever

613
00:25:16,799 --> 00:25:14,740

thought you were ever alone in the world

614

00:25:19,200 --> 00:25:16,809

once you make your higher self you know

615

00:25:20,490 --> 00:25:19,210

emphatically that you are never ever

616

00:25:23,340 --> 00:25:20,500

alone in this world

617

00:25:25,740 --> 00:25:23,350

and that this part of you is there loves

618

00:25:28,680 --> 00:25:25,750

you unconditionally and is with you all

619

00:25:31,560 --> 00:25:28,690

the time even if you even if you sense

620

00:25:33,840 --> 00:25:31,570

them or not with you all the time well

621

00:25:37,860 --> 00:25:33,850

that was a very good explanation and I'm

622

00:25:39,990 --> 00:25:37,870

sorry to have taken you war for a script

623

00:25:42,629 --> 00:25:40,000

there in a certain sense of we were with

624

00:25:44,190 --> 00:25:42,639

your mother in her bereavement so yeah

625

00:25:46,889 --> 00:25:44,200

sure no problem

626

00:25:49,619 --> 00:25:46,899

like to go back to that yeah sure so did

627

00:25:52,289 --> 00:25:49,629

your mother agree with most of your work

628

00:25:54,779 --> 00:25:52,299

at that before you started to help her

629

00:25:57,930 --> 00:25:54,789

through bereavement what did she feel it

630

00:25:59,460 --> 00:25:57,940

was sort of a little bit out there it's

631

00:26:02,310 --> 00:25:59,470

you know it's really interesting it's

632

00:26:04,019 --> 00:26:02,320

like I think it's all mothers and

633

00:26:05,999 --> 00:26:04,029

daughters and mothers and songs and

634

00:26:07,379 --> 00:26:06,009

anything to do with your mother they're

635

00:26:08,820 --> 00:26:07,389

going they're going oh that's wonderful

636

00:26:10,080 --> 00:26:08,830

that they're stroking your head if

637

00:26:17,539 --> 00:26:10,090

you're looking at their eyes and you're

638

00:26:24,119 --> 00:26:19,799

that's going are you grinding your teeth

639

00:26:27,419 --> 00:26:24,129

on those things they love you

640

00:26:29,460 --> 00:26:27,429

unconditionally you do want to kind of

641

00:26:31,259 --> 00:26:29,470

stroke there it's very exciting

642

00:26:33,720 --> 00:26:31,269

relationships that everyone has with

643

00:26:36,269 --> 00:26:33,730

their mother so she was kind of like

644

00:26:38,430 --> 00:26:36,279

well you know I'll give it a go right

645

00:26:41,190 --> 00:26:38,440

well thank you very much more I shall

646

00:26:44,399 --> 00:26:41,200

give it a gun to like let's have a bit

647

00:26:47,520 --> 00:26:44,409

of fun so it was a case of I said okay

648

00:26:50,040 --> 00:26:47,530

relax off we go so my mother

649

00:26:53,910 --> 00:26:50,050

I put there on that scale she was kind

650

00:26:55,560 --> 00:26:53,920

of middle upper-middle not very easy but

651
00:26:57,900 --> 00:26:55,570
one of these people that she responded

652
00:27:00,120 --> 00:26:57,910
very well and I normally when they talk

653
00:27:02,220 --> 00:27:00,130
to people you know especially psychology

654
00:27:04,590 --> 00:27:02,230
say never work on any of your family

655
00:27:08,460 --> 00:27:04,600
never work on your parents even though

656
00:27:12,080 --> 00:27:08,470
the parents need the most work and I'm

657
00:27:14,790 --> 00:27:12,090
sure my sons don't think I need any work

658
00:27:17,010 --> 00:27:14,800
so my mother was very responsive it's

659
00:27:19,140 --> 00:27:17,020
like okay so I taught her all the

660
00:27:20,970 --> 00:27:19,150
techniques so to start with it's a bit

661
00:27:22,950 --> 00:27:20,980
laborious build you know getting a

662
00:27:25,290 --> 00:27:22,960
relaxed building up the access point

663
00:27:28,260 --> 00:27:25,300

it's the unconscious that's kind of like

664

00:27:30,570 --> 00:27:28,270

a lock and I need to make a key and the

665

00:27:33,060 --> 00:27:30,580

process for every single person is

666

00:27:36,030 --> 00:27:33,070

different but it has a very common part

667

00:27:38,340 --> 00:27:36,040

so it's a lock and key affair I generate

668

00:27:39,810 --> 00:27:38,350

the key the unconscious have the lock we

669

00:27:43,110 --> 00:27:39,820

put the key in the lock

670

00:27:44,850 --> 00:27:43,120

turn it we have access to how to meet

671

00:27:46,380 --> 00:27:44,860

her higher self taught her how to

672

00:27:48,300 --> 00:27:46,390

experiment within that environment

673

00:27:49,980 --> 00:27:48,310

because you need to get used to things

674

00:27:52,200 --> 00:27:49,990

like well and just go in to fly around

675

00:27:53,880 --> 00:27:52,210

in the sky for a bit well this isn't

676
00:27:55,710 --> 00:27:53,890
like flying in the sky where you're

677
00:27:58,290 --> 00:27:55,720
thinking you're flying in the sky you

678
00:28:00,240 --> 00:27:58,300
are in the sky looking down a thousand

679
00:28:02,670 --> 00:28:00,250
feet going oh my god

680
00:28:04,860 --> 00:28:02,680
I think I'm gonna be sick because you

681
00:28:07,500 --> 00:28:04,870
are up in the air you're zooming towards

682
00:28:09,150 --> 00:28:07,510
the Earth you're out in space you don't

683
00:28:11,520 --> 00:28:09,160
know the water it's one of those

684
00:28:13,440 --> 00:28:11,530
environments where you really have to

685
00:28:15,360 --> 00:28:13,450
get used to being there to understand

686
00:28:18,090 --> 00:28:15,370
the rules that govern that environment

687
00:28:20,250 --> 00:28:18,100
and then it was a case of right this is

688
00:28:22,890 --> 00:28:20,260

what we want to do so with negotiation

689

00:28:26,190 --> 00:28:22,900

with her high self it's a case of I want

690

00:28:28,770 --> 00:28:26,200

to meet my mother to meet my father

691

00:28:31,050 --> 00:28:28,780

and once the higher self says yeah that

692

00:28:32,850 --> 00:28:31,060

can be done no problem it's merely a

693

00:28:35,280 --> 00:28:32,860

case of where's the meeting place and

694

00:28:37,260 --> 00:28:35,290

then meeting there and then it's a case

695

00:28:40,110 --> 00:28:37,270

of because EVT allows you access to that

696

00:28:42,660 --> 00:28:40,120

space anytime you want my mother could

697

00:28:48,480 --> 00:28:42,670

go see my father anytime she wanted

698

00:28:50,820 --> 00:28:48,490

after that there you go my mother was

699

00:28:54,540 --> 00:28:50,830

not happy enough with that no no a

700

00:28:57,300 --> 00:28:54,550

mother was ever happy yes they are we

701
00:28:58,610 --> 00:28:57,310
love them so much it's a case of my

702
00:29:00,680 --> 00:28:58,620
mother

703
00:29:03,799 --> 00:29:00,690
a little bit bit of a trick it's like

704
00:29:07,820 --> 00:29:03,809
mmm so I came in one day hi mom how you

705
00:29:09,890 --> 00:29:07,830
doing oh happy all that and she's sat

706
00:29:13,220 --> 00:29:09,900
there talking like what's going on I

707
00:29:14,960 --> 00:29:13,230
brought your father in why what the hell

708
00:29:17,060 --> 00:29:14,970
are you talking about so she wasn't

709
00:29:19,880 --> 00:29:17,070
content with just going into the EVT

710
00:29:23,030 --> 00:29:19,890
space if you develop EVT to a high

711
00:29:23,990 --> 00:29:23,040
degree you can bring them into the

712
00:29:26,960 --> 00:29:24,000
waking State

713
00:29:29,299 --> 00:29:26,970

so in the same way if you imagine that

714

00:29:31,520 --> 00:29:29,309

this is why I teach people you say the

715

00:29:33,740 --> 00:29:31,530

left-hand side is awake and aware and

716

00:29:36,380 --> 00:29:33,750

then we tunnel along to the right-hand

717

00:29:39,200 --> 00:29:36,390

side which is EVT state if you leave

718

00:29:41,840 --> 00:29:39,210

those two states open then things that

719

00:29:46,370 --> 00:29:41,850

happen in the EBT state can be imprinted

720

00:29:48,110 --> 00:29:46,380

or projected over your visual field so

721

00:29:48,740 --> 00:29:48,120

that you can experience things with your

722

00:29:51,110 --> 00:29:48,750

eyes open

723

00:29:54,140 --> 00:29:51,120

what does that mean my mother could see

724

00:29:55,970 --> 00:29:54,150

my father sat in front of her in the

725

00:29:58,190 --> 00:29:55,980

home whenever she wanted to so she

726

00:30:00,280 --> 00:29:58,200

didn't have to even go into EVT anymore

727

00:30:02,930 --> 00:30:00,290

she could just bring my father to her

728

00:30:04,280 --> 00:30:02,940

and it's like well how is he says well

729

00:30:06,740 --> 00:30:04,290

they suck they're reading the paper like

730

00:30:06,950 --> 00:30:06,750

he always does okay are you happy with

731

00:30:12,020 --> 00:30:06,960

that

732

00:30:16,010 --> 00:30:12,030

yeah he'll do okay

733

00:30:19,220 --> 00:30:16,020

so what it said to me is like this is

734

00:30:22,850 --> 00:30:19,230

you can develop this this state this EVT

735

00:30:25,040 --> 00:30:22,860

state is the start of a space that you

736

00:30:27,230 --> 00:30:25,050

can explore within your mind so you'll

737

00:30:29,330 --> 00:30:27,240

get all the tools that you need to start

738

00:30:31,220 --> 00:30:29,340

that exploration and the good thing is

739

00:30:33,860 --> 00:30:31,230

instead of it being like a one-off wow

740

00:30:38,299 --> 00:30:33,870

that was amazing and then it's gone like

741

00:30:40,370 --> 00:30:38,309

Oh finished you can go into that state

742

00:30:42,919 --> 00:30:40,380

over and over and over again and the

743

00:30:47,660 --> 00:30:42,929

more you go in the easier and easier

744

00:30:50,390 --> 00:30:47,670

that it gets so sorry so you've done

745

00:30:53,870 --> 00:30:50,400

this with a number of people oh yes and

746

00:30:57,040 --> 00:30:53,880

if they were able to meet those that had

747

00:31:00,169 --> 00:30:57,050

passed over that they wanted to thereby

748

00:31:03,470 --> 00:31:00,179

eliminating the need for say a medium or

749

00:31:05,930 --> 00:31:03,480

something of that nature were you where

750

00:31:09,320 --> 00:31:05,940

any of these people able to bring back

751
00:31:11,650 --> 00:31:09,330
with them either from the way you know

752
00:31:14,440 --> 00:31:11,660
from the EVT state or the the

753
00:31:16,930 --> 00:31:14,450
crossover state were they able to bring

754
00:31:21,130 --> 00:31:16,940
back veridical information that is

755
00:31:24,370 --> 00:31:21,140
information that they did not know prior

756
00:31:27,310 --> 00:31:24,380
to this technique and after having

757
00:31:31,330 --> 00:31:27,320
spoken to Uncle Joe they found out like

758
00:31:34,840 --> 00:31:31,340
where Uncle Joe left his the baldies yes

759
00:31:37,870 --> 00:31:34,850
exactly but they were all happy because

760
00:31:40,180 --> 00:31:37,880
they're an EVT I think right so this is

761
00:31:42,850 --> 00:31:40,190
a very important point what tends to

762
00:31:44,590 --> 00:31:42,860
happen in our game as I call it is that

763
00:31:46,390 --> 00:31:44,600

there's a lot of people that want to do

764

00:31:48,130 --> 00:31:46,400

out-of-body experiences and look on the

765

00:31:49,600 --> 00:31:48,140

top of the cabinet and see the sealed

766

00:31:52,840 --> 00:31:49,610

envelope and read numbers and all that

767

00:31:56,680 --> 00:31:52,850

kind of thing I say okay you guys go and

768

00:31:59,380 --> 00:31:56,690

do that what we have here is is it I

769

00:32:02,410 --> 00:31:59,390

think possibly the first time I don't

770

00:32:04,600 --> 00:32:02,420

know access to the non conscious mind

771

00:32:06,520 --> 00:32:04,610

that is in connection with whatever else

772

00:32:10,000 --> 00:32:06,530

it's connected to and it seems to be

773

00:32:12,100 --> 00:32:10,010

vast and I think the word I'm not now

774

00:32:14,200 --> 00:32:12,110

being clever or smart when I think that

775

00:32:16,360 --> 00:32:14,210

the accesses are unlimited in terms of

776

00:32:19,000 --> 00:32:16,370

what you can experience I think we're

777

00:32:21,160 --> 00:32:19,010

looking at a kind of step change in

778

00:32:23,770 --> 00:32:21,170

access to the non conscious mind and the

779

00:32:25,990 --> 00:32:23,780

other states that that also brings in

780

00:32:27,910 --> 00:32:26,000

with it those people that want to talk

781

00:32:29,680 --> 00:32:27,920

to Uncle Joe and find out where the

782

00:32:30,460 --> 00:32:29,690

Gold's hidden and the will and all that

783

00:32:33,460 --> 00:32:30,470

kind of stuff

784

00:32:35,350 --> 00:32:33,470

I don't really ask them that deep so the

785

00:32:38,860 --> 00:32:35,360

kind of people I'm talking to and not

786

00:32:42,850 --> 00:32:38,870

those that are like I want proof of life

787

00:32:44,530 --> 00:32:42,860

or I want to I you know Uncle Joe left

788

00:32:46,060 --> 00:32:44,540

and I really didn't like him and I want

789

00:32:49,930 --> 00:32:46,070

to ask him a question and give him a

790

00:32:53,550 --> 00:32:49,940

hard time I talk to people every day

791

00:32:55,600 --> 00:32:53,560

almost whose lives of kind of stopped

792

00:32:58,720 --> 00:32:55,610

because the people that they're loved

793

00:33:00,070 --> 00:32:58,730

are passed on and they out it's not

794

00:33:01,600 --> 00:33:00,080

those that are passed on the other

795

00:33:04,660 --> 00:33:01,610

problem it's those that are left behind

796

00:33:07,810 --> 00:33:04,670

our wounded and some people never ever

797

00:33:11,110 --> 00:33:07,820

get over that and and these are people

798

00:33:13,960 --> 00:33:11,120

that their lives to some extent have

799

00:33:16,300 --> 00:33:13,970

stopped stopped moving forward they just

800

00:33:18,520 --> 00:33:16,310

cannot get past the idea that their

801
00:33:21,400 --> 00:33:18,530
loved one has gone forever

802
00:33:25,150 --> 00:33:21,410
and for me when I when I do bereavement

803
00:33:27,880 --> 00:33:25,160
counseling I don't ever talk about EVT

804
00:33:29,890 --> 00:33:27,890
because I was you know for my duty of

805
00:33:31,660 --> 00:33:29,900
care and especially in terms of

806
00:33:33,810 --> 00:33:31,670
counseling in terms of what you're

807
00:33:37,510 --> 00:33:33,820
allowed to talk to your clients about

808
00:33:40,450 --> 00:33:37,520
counseling is all about managing the

809
00:33:44,160 --> 00:33:40,460
emotional kind of wreckage that's left

810
00:33:46,180 --> 00:33:44,170
behind for those that in their minds

811
00:33:48,100 --> 00:33:46,190
understand from psychological

812
00:33:49,810 --> 00:33:48,110
perspective that their loved ones are

813
00:33:52,300 --> 00:33:49,820

gone they're not coming back this

814

00:33:55,480 --> 00:33:52,310

nothing can be done there's no solution

815

00:33:57,670 --> 00:33:55,490

and when I counsel these people

816

00:33:59,920 --> 00:33:57,680

my heart's kind of breaking at the same

817

00:34:03,400 --> 00:33:59,930

time because I'm thinking if you could

818

00:34:05,590 --> 00:34:03,410

just understand these people are not

819

00:34:08,740 --> 00:34:05,600

very far away this is what EVT has shown

820

00:34:11,740 --> 00:34:08,750

me is that one everybody who can have

821

00:34:15,100 --> 00:34:11,750

access to it and I've tried it with many

822

00:34:18,190 --> 00:34:15,110

many people and they all get in - I

823

00:34:20,889 --> 00:34:18,200

guarantee that you will get in three

824

00:34:23,290 --> 00:34:20,899

it's not that far away to tell you the

825

00:34:25,450 --> 00:34:23,300

truth in terms of the process it's a

826

00:34:27,669 --> 00:34:25,460

little bit convoluted and each person is

827

00:34:29,409 --> 00:34:27,679

different which tends to tell me that

828

00:34:31,389 --> 00:34:29,419

certain techniques if you try them

829

00:34:33,190 --> 00:34:31,399

certain other techniques were a bit

830

00:34:36,250 --> 00:34:33,200

linear say listening to tapes or

831

00:34:38,050 --> 00:34:36,260

suggestions or whatever that won't work

832

00:34:41,369 --> 00:34:38,060

given where it is that you need to go

833

00:34:44,320 --> 00:34:41,379

and the things that you need to do so I

834

00:34:44,860 --> 00:34:44,330

talk to people whose lives are being

835

00:34:48,550 --> 00:34:44,870

shattered

836

00:34:51,070 --> 00:34:48,560

and so they're not really you know god

837

00:34:52,930 --> 00:34:51,080

bless Purusha Uncle Joe and his will and

838

00:34:56,290 --> 00:34:52,940

all that kind of stuff but these are

839

00:34:59,980 --> 00:34:56,300

people who you know in moments and many

840

00:35:01,330 --> 00:34:59,990

cases also want to die because they

841

00:35:04,660 --> 00:35:01,340

can't live without the person who's

842

00:35:07,120 --> 00:35:04,670

passed on so it's it's pretty heavy-duty

843

00:35:09,130 --> 00:35:07,130

you know emotionally it's an emotional

844

00:35:12,580 --> 00:35:09,140

rollercoaster so when I talk to those

845

00:35:14,230 --> 00:35:12,590

people I do a lot of upfront counseling

846

00:35:15,910 --> 00:35:14,240

in terms of talking about the person

847

00:35:19,540 --> 00:35:15,920

who's passed over and I'm trying to

848

00:35:22,120 --> 00:35:19,550

gauge in an emotional scale so where

849

00:35:25,270 --> 00:35:22,130

they are in terms of not so much coming

850

00:35:27,460 --> 00:35:25,280

to terms but then kind of understanding

851

00:35:30,490 --> 00:35:27,470

there could be another option here we

852

00:35:33,730 --> 00:35:30,500

could explore all the things do you

853

00:35:36,520 --> 00:35:33,740

think they're actually contacting or for

854

00:35:38,819 --> 00:35:36,530

better words or accessing the person who

855

00:35:41,309 --> 00:35:38,829

has died or do you think it's

856

00:35:43,140 --> 00:35:41,319

perhaps an it or imagination and you

857

00:35:45,839 --> 00:35:43,150

know their thoughts about the person

858

00:35:49,920 --> 00:35:45,849

who's passed on that start to take a

859

00:35:52,650 --> 00:35:49,930

very real presence that's an interesting

860

00:35:55,019 --> 00:35:52,660

question I think that what tends to

861

00:35:57,690 --> 00:35:55,029

happen is what tends to provide the

862

00:36:00,359 --> 00:35:57,700

vertical proof for the person undergoing

863

00:36:02,729 --> 00:36:00,369

the process he's when the person who was

864

00:36:05,489 --> 00:36:02,739

passed over tells them something first

865

00:36:06,690 --> 00:36:05,499

of all it when you imagine something in

866

00:36:08,549 --> 00:36:06,700

the waking state there's always this

867

00:36:10,859 --> 00:36:08,559

idea that you're kind of creating it's

868

00:36:13,769 --> 00:36:10,869

almost like an artist creating a picture

869

00:36:15,839 --> 00:36:13,779

you know you're doing it your yours is

870

00:36:18,269 --> 00:36:15,849

the hand behind the screen when you're

871

00:36:20,160 --> 00:36:18,279

over in the EVT state though things are

872

00:36:21,870 --> 00:36:20,170

just doing whatever they're doing the

873

00:36:24,329 --> 00:36:21,880

higher self is talking to you giving you

874

00:36:25,739 --> 00:36:24,339

insight telling you things and from all

875

00:36:28,170 --> 00:36:25,749

the kind of conversations I've had with

876

00:36:29,789 --> 00:36:28,180

people who met their higher self these

877

00:36:32,370 --> 00:36:29,799

are ordinary people in the streets

878

00:36:33,809 --> 00:36:32,380

saying howdy doody and heyop and all

879

00:36:35,789 --> 00:36:33,819

that kind of stuff they don't have any

880

00:36:37,890 --> 00:36:35,799

of this philosophical knowledge about

881

00:36:40,319 --> 00:36:37,900

the nature of life but when they start

882

00:36:41,999 --> 00:36:40,329

talking to me from the meetings they

883

00:36:44,910 --> 00:36:42,009

have from their higher self it's like oh

884

00:36:47,160 --> 00:36:44,920

my word where are you getting all this

885

00:36:48,930 --> 00:36:47,170

from and over and over and over again

886

00:36:51,660 --> 00:36:48,940

it's like they're connecting to

887

00:36:54,900 --> 00:36:51,670

something that is beyond them or it's

888

00:36:58,079 --> 00:36:54,910

within them and within them is also

889

00:37:00,539 --> 00:36:58,089

connected to something else so when they

890

00:37:03,630 --> 00:37:00,549

talk to their daughter or their son or

891

00:37:06,269 --> 00:37:03,640

their mother father whoever they got

892

00:37:07,769 --> 00:37:06,279

these conversations that are just like

893

00:37:10,049 --> 00:37:07,779

first of all I ask them what's it like

894

00:37:11,489 --> 00:37:10,059

it's my daughter talking to me tell me

895

00:37:12,839 --> 00:37:11,499

why you think it's your daughter because

896

00:37:14,729 --> 00:37:12,849

she's telling you this she's telling me

897

00:37:16,289 --> 00:37:14,739

that she's telling off of this she's

898

00:37:17,729 --> 00:37:16,299

telling me off of that she's talking

899

00:37:19,319 --> 00:37:17,739

about this that it's like really like

900

00:37:23,069 --> 00:37:19,329

you're having a proper conversation with

901
00:37:25,049 --> 00:37:23,079
your daughter yes and yeah so that's

902
00:37:27,209 --> 00:37:25,059
what for me so I says and particularly

903
00:37:29,880 --> 00:37:27,219
yes there's something very very special

904
00:37:32,130 --> 00:37:29,890
going on here and when you ask people

905
00:37:32,699 --> 00:37:32,140
would you rather have EVT and talk to

906
00:37:35,549 --> 00:37:32,709
your daughter

907
00:37:38,939 --> 00:37:35,559
or no AVT no I want BBT I want to talk

908
00:37:41,729 --> 00:37:38,949
to my daughter okay fine we should also

909
00:37:43,650 --> 00:37:41,739
get some information I'm sure people are

910
00:37:45,839 --> 00:37:43,660
interested in contacting you dr.

911
00:37:48,359 --> 00:37:45,849
Davidson like yeah yeah you know as far

912
00:37:50,279 --> 00:37:48,369
as your website or publications they

913
00:37:51,749 --> 00:37:50,289

probably this would be a good time to

914

00:37:55,169 --> 00:37:51,759

tell them

915

00:37:58,019 --> 00:37:55,179

I am the mist I am the mystery purse

916

00:38:00,719 --> 00:37:58,029

I see people mystery man aha it's

917

00:38:03,899 --> 00:38:00,729

happens Isolde why am I doing this so

918

00:38:05,370 --> 00:38:03,909

why am I not the most my phone ringing

919

00:38:07,199 --> 00:38:05,380

off the hook and people queuing up

920

00:38:10,169 --> 00:38:07,209

outside my house banging my door down

921

00:38:12,329 --> 00:38:10,179

mm-hm for a long time because I'm a bit

922

00:38:14,879 --> 00:38:12,339

scientific I do have a bit of a

923

00:38:17,249 --> 00:38:14,889

scientific principle here he's I've been

924

00:38:20,339 --> 00:38:17,259

running these tests for want of a better

925

00:38:22,319 --> 00:38:20,349

word how do I get these people in can I

926
00:38:23,969 --> 00:38:22,329
guarantee so now I'm holding up my hand

927
00:38:25,769 --> 00:38:23,979
you can't see me because you turned off

928
00:38:27,749 --> 00:38:25,779
the video I'm holding my hand saying I

929
00:38:30,120 --> 00:38:27,759
will guarantee this for you and what

930
00:38:31,649 --> 00:38:30,130
does that mean one you are getting two

931
00:38:33,509 --> 00:38:31,659
you will be able to get in whenever you

932
00:38:35,519 --> 00:38:33,519
want three as long as you keep up the

933
00:38:39,120 --> 00:38:35,529
practice you will always be able to have

934
00:38:42,359 --> 00:38:39,130
that access to that state and then four

935
00:38:44,339 --> 00:38:42,369
never happens I tell you now okay I

936
00:38:46,079 --> 00:38:44,349
always ask these people please give me

937
00:38:48,839 --> 00:38:46,089
an update of how you're getting gone so

938
00:38:50,639 --> 00:38:48,849

for the first week or two is amazing I

939

00:38:53,489 --> 00:38:50,649

was in space looking at the earth I met

940

00:38:55,739 --> 00:38:53,499

my mother she was moaning again and then

941

00:38:58,019 --> 00:38:55,749

I went to fly around the world I went

942

00:38:59,789 --> 00:38:58,029

shopping in New York and then you get

943

00:39:01,589 --> 00:38:59,799

all this kind of detail about two weeks

944

00:39:04,649 --> 00:39:01,599

later nothing really

945

00:39:06,749 --> 00:39:04,659

really I think they just because they

946

00:39:08,669 --> 00:39:06,759

some people want to develop it

947

00:39:10,949 --> 00:39:08,679

other people have such intimate

948

00:39:13,279 --> 00:39:10,959

experiences I know working with some

949

00:39:15,269 --> 00:39:13,289

people very closely for quite a while

950

00:39:17,370 --> 00:39:15,279

thank for example first meeting the

951
00:39:18,870 --> 00:39:17,380
Higher Self some people cannot talk for

952
00:39:22,739 --> 00:39:18,880
an hour or two because they're so

953
00:39:24,149 --> 00:39:22,749
emotionally overloaded with kind of I'm

954
00:39:25,739 --> 00:39:24,159
asking them are you okay okay and

955
00:39:29,429 --> 00:39:25,749
they're just nodding and smiling and

956
00:39:31,529 --> 00:39:29,439
crying talk it's such a beautiful thing

957
00:39:33,120 --> 00:39:31,539
it's beautiful it that that's almost

958
00:39:36,299 --> 00:39:33,130
what people used to call the guardian

959
00:39:38,489 --> 00:39:36,309
angel that was always with you yeah

960
00:39:40,679 --> 00:39:38,499
maybe the same thing yeah we really

961
00:39:44,339 --> 00:39:40,689
don't know right and and those people

962
00:39:46,679 --> 00:39:44,349
who have been on like a camping trip and

963
00:39:48,929 --> 00:39:46,689

they fall down and whole and then some

964

00:39:53,039 --> 00:39:48,939

stranger comes along and it's like oh

965

00:39:55,139 --> 00:39:53,049

the third person or something and this

966

00:39:58,379 --> 00:39:55,149

person helps them out of the hole and

967

00:40:00,629 --> 00:39:58,389

then just a turn around to say thank you

968

00:40:03,359 --> 00:40:00,639

and a person has disappeared that's it's

969

00:40:04,739 --> 00:40:03,369

a phenomena I probably don't have the

970

00:40:05,460 --> 00:40:04,749

right name for it it's not the third

971

00:40:07,440 --> 00:40:05,470

bird

972

00:40:10,289 --> 00:40:07,450

but it's some name like that are you are

973

00:40:11,880 --> 00:40:10,299

you aware of that oh yes absolutely but

974

00:40:14,460 --> 00:40:11,890

you know what I was talking about these

975

00:40:16,349 --> 00:40:14,470

four types of people for some people

976

00:40:18,150 --> 00:40:16,359

they only need a little bit of

977

00:40:20,039 --> 00:40:18,160

encouragement or a bit of the technique

978

00:40:22,859 --> 00:40:20,049

and then there are and these are the

979

00:40:25,109 --> 00:40:22,869

people who can also bring the

980

00:40:27,990 --> 00:40:25,119

experiences in the EVT state with your

981

00:40:29,160 --> 00:40:28,000

eyes closed into the waking state with

982

00:40:32,309 --> 00:40:29,170

their eyes open

983

00:40:35,280 --> 00:40:32,319

so for want of a better word they are

984

00:40:37,319 --> 00:40:35,290

the people you know like I imagine

985

00:40:38,970 --> 00:40:37,329

mediums and clairvoyance with their eyes

986

00:40:40,349 --> 00:40:38,980

up and saying you know Tommy's here and

987

00:40:42,990 --> 00:40:40,359

he's talking to me and they're looking

988

00:40:46,339 --> 00:40:43,000

at someone I've had this with my

989

00:40:49,170 --> 00:40:46,349

sister-in-law when when I went to Canada

990

00:40:51,000 --> 00:40:49,180

she would briefly close her eyes while

991

00:40:53,819 --> 00:40:51,010

just stood up and talking to me after

992

00:40:55,440 --> 00:40:53,829

doing EVT and saying you know my

993

00:40:57,480 --> 00:40:55,450

daughter's here she's talking to me my

994

00:40:59,970 --> 00:40:57,490

Higher Self is next to me she's talking

995

00:41:01,859 --> 00:40:59,980

to me and so it's like wow this door

996

00:41:03,510 --> 00:41:01,869

feels like it's a little bit mind

997

00:41:05,420 --> 00:41:03,520

blowing to start with but once you've

998

00:41:08,520 --> 00:41:05,430

heard it over and over and over again

999

00:41:10,039 --> 00:41:08,530

it's like okay this is something that I

1000

00:41:13,260 --> 00:41:10,049

think that from a scientific perspective

1001
00:41:15,420 --> 00:41:13,270
don't get too much could you down it you

1002
00:41:18,480 --> 00:41:15,430
can recreate it over and over this is

1003
00:41:23,089 --> 00:41:18,490
the thing could you tell us the story of

1004
00:41:26,160 --> 00:41:23,099
your sister oh she did send you a

1005
00:41:27,660 --> 00:41:26,170
recommendation a combination of I don't

1006
00:41:30,450 --> 00:41:27,670
know what the word you want to use for

1007
00:41:32,640 --> 00:41:30,460
it but she did write you up a quite a

1008
00:41:38,789 --> 00:41:32,650
letter of recommendation I would say

1009
00:41:41,549 --> 00:41:38,799
sure it's um my 15 years ago my brother

1010
00:41:45,480 --> 00:41:41,559
and his wife and family they moved to

1011
00:41:48,120 --> 00:41:45,490
Canada yeah and it's a wonderful place

1012
00:41:51,120 --> 00:41:48,130
if you like to run across the road and

1013
00:41:54,240 --> 00:41:51,130

get a snack from the bar at minus 20

1014

00:41:56,640 --> 00:41:54,250

degrees centigrade yeah my brother says

1015

00:41:59,250 --> 00:41:56,650

hey Phil well let's go across the road

1016

00:42:00,510 --> 00:41:59,260

and get something from someplace or

1017

00:42:02,700 --> 00:42:00,520

other that everyone knows do I need a

1018

00:42:05,039 --> 00:42:02,710

coat no I'm looking at the TV thinking

1019

00:42:06,630 --> 00:42:05,049

it says mine is 20 outside my brother's

1020

00:42:08,970 --> 00:42:06,640

there in a t-shirt I'm going across the

1021

00:42:10,650 --> 00:42:08,980

road I'm stuck to the floor I can't move

1022

00:42:12,660 --> 00:42:10,660

my feet my brother's going come on you

1023

00:42:16,680 --> 00:42:12,670

wimp and it's like I think I nearly had

1024

00:42:18,940 --> 00:42:16,690

an out-of-body experience if frozen

1025

00:42:22,599 --> 00:42:18,950

experience so thank you

1026

00:42:25,300 --> 00:42:22,609

god bless but anyway on to onto the

1027

00:42:27,010 --> 00:42:25,310

story my brother moved to Canada 15

1028

00:42:29,710 --> 00:42:27,020

years ago and brought up his children

1029

00:42:30,730 --> 00:42:29,720

their three girls great Adele was his

1030

00:42:34,720 --> 00:42:30,740

wife

1031

00:42:38,140 --> 00:42:34,730

but at Christmastime he's youngest

1032

00:42:42,849 --> 00:42:38,150

daughter died unexpectedly so she was

1033

00:42:45,700 --> 00:42:42,859

only 18 she was nearly 19 and I'd been

1034

00:42:49,390 --> 00:42:45,710

away in Manchester and I'd been driving

1035

00:42:52,000 --> 00:42:49,400

back and I got home and my son rang me

1036

00:42:54,220 --> 00:42:52,010

up saying I think I think violets died

1037

00:42:55,630 --> 00:42:54,230

what do you mean for her I think what

1038

00:42:58,390 --> 00:42:55,640

you're talking about this can't have

1039

00:43:01,359 --> 00:42:58,400

happened and then I saw that I had these

1040

00:43:04,420 --> 00:43:01,369

voicemail messages on my phone and I'd

1041

00:43:07,270 --> 00:43:04,430

been out of contact in inter cell phone

1042

00:43:08,770 --> 00:43:07,280

contact and then as I oh my god what's

1043

00:43:11,290 --> 00:43:08,780

happened and then my brother rang me up

1044

00:43:13,060 --> 00:43:11,300

so it's like other than the shock so I

1045

00:43:15,250 --> 00:43:13,070

went into kind of counselling mold a

1046

00:43:16,930 --> 00:43:15,260

little bit it's like okay just keep

1047

00:43:18,730 --> 00:43:16,940

talking to me talking to me so we were

1048

00:43:22,359 --> 00:43:18,740

talking and talking for hours and hours

1049

00:43:26,530 --> 00:43:22,369

and hours and I said I want to come over

1050

00:43:29,109 --> 00:43:26,540

and meet you I said and he said will you

1051
00:43:30,280 --> 00:43:29,119
do EVT with me because I knew he knew

1052
00:43:33,940 --> 00:43:30,290
that I've been doing this type of

1053
00:43:36,339 --> 00:43:33,950
research and I said if you want me to do

1054
00:43:37,809 --> 00:43:36,349
it and you know taking into account that

1055
00:43:39,309 --> 00:43:37,819
you know the recommendation for our

1056
00:43:41,829 --> 00:43:39,319
psychologist she's don't work on your

1057
00:43:43,630 --> 00:43:41,839
family but for me it's like the need

1058
00:43:46,450 --> 00:43:43,640
outweighs the you know the

1059
00:43:49,210 --> 00:43:46,460
recommendations they need me to to help

1060
00:43:51,940 --> 00:43:49,220
them and the phone must have been on

1061
00:43:54,069 --> 00:43:51,950
speakerphone because his wife Adele said

1062
00:43:55,930 --> 00:43:54,079
Phil I want you to do EVT with me as

1063
00:43:57,790 --> 00:43:55,940

well and I said and what do you want to

1064

00:44:01,059 --> 00:43:57,800

do that for because I want to contact my

1065

00:44:04,390 --> 00:44:01,069

daughter and so it's like we had a long

1066

00:44:06,460 --> 00:44:04,400

conversation before I went there and it

1067

00:44:09,970 --> 00:44:06,470

was about three months before everything

1068

00:44:11,770 --> 00:44:09,980

was sorted out and I went over and I

1069

00:44:14,230 --> 00:44:11,780

thought I did I work with my brother

1070

00:44:15,790 --> 00:44:14,240

first I told him what we were going to

1071

00:44:17,920 --> 00:44:15,800

do outlined every single part of the

1072

00:44:21,190 --> 00:44:17,930

process and we went through with him and

1073

00:44:25,089 --> 00:44:21,200

we got him into EVT and then he went and

1074

00:44:29,800 --> 00:44:25,099

met his daughter but for him it was

1075

00:44:31,120 --> 00:44:29,810

emotionally destroyed I think I've never

1076

00:44:32,650 --> 00:44:31,130

seen

1077

00:44:36,700 --> 00:44:32,660

you know I feel emotional but I've never

1078

00:44:39,640 --> 00:44:36,710

seen my brother a man how and the

1079

00:44:41,049 --> 00:44:39,650

emotion was absolutely Roy I never seen

1080

00:44:44,229 --> 00:44:41,059

him on Christ and watching my life it's

1081

00:44:45,759 --> 00:44:44,239

absolutely heartbreaking and so my

1082

00:44:48,509 --> 00:44:45,769

brother I said all right you're gonna go

1083

00:44:51,039 --> 00:44:48,519

to one side and you need some time to

1084

00:44:54,099 --> 00:44:51,049

like relax

1085

00:44:55,660 --> 00:44:54,109

suppose I come away from EVT don't do it

1086

00:44:58,269 --> 00:44:55,670

yet I think we need to wait a little bit

1087

00:45:02,140 --> 00:44:58,279

and Adele came forward and we started

1088

00:45:04,479 --> 00:45:02,150

the process with Adele and she was sat

1089

00:45:06,370 --> 00:45:04,489

there and you know we're all smiles and

1090

00:45:09,089 --> 00:45:06,380

everything a bit nervous I'm a bit

1091

00:45:12,279 --> 00:45:09,099

nervous it's like okay we're going to

1092

00:45:15,489 --> 00:45:12,289

start the EBT process and with her it

1093

00:45:20,710 --> 00:45:15,499

took about a day we're talking six or

1094

00:45:22,569 --> 00:45:20,720

seven hours and we developed the access

1095

00:45:25,359 --> 00:45:22,579

day so the access date is you're able to

1096

00:45:26,529 --> 00:45:25,369

go from the waiting stay open across and

1097

00:45:30,130 --> 00:45:26,539

meet your higher self

1098

00:45:31,900 --> 00:45:30,140

so that's she was in so from technical

1099

00:45:34,089 --> 00:45:31,910

term ease you're in you're in the EBT

1100

00:45:35,950 --> 00:45:34,099

state you met your higher self your

1101
00:45:38,650 --> 00:45:35,960
higher self is talking to you a little

1102
00:45:42,160 --> 00:45:38,660
bit and you're starting to explore that

1103
00:45:44,109 --> 00:45:42,170
state but still what you find is that

1104
00:45:47,620 --> 00:45:44,119
when people even when people are in the

1105
00:45:50,979 --> 00:45:47,630
VT state they need to develop what I

1106
00:45:54,099 --> 00:45:50,989
call presence and what does that mean

1107
00:45:56,170 --> 00:45:54,109
it's a case of when they're in the EVT

1108
00:45:58,089 --> 00:45:56,180
state to start with they are minimally

1109
00:45:59,829 --> 00:45:58,099
in the state so they're there they can

1110
00:46:01,269 --> 00:45:59,839
see the highest serve they can they're

1111
00:46:04,599 --> 00:46:01,279
in an environment they might see

1112
00:46:06,729 --> 00:46:04,609
buildings people whatever but if they

1113
00:46:08,620 --> 00:46:06,739

move their focus away from it some of

1114

00:46:10,719 --> 00:46:08,630

those scenes can kind of start to fade

1115

00:46:13,599 --> 00:46:10,729

away and they have to keep the presence

1116

00:46:14,440 --> 00:46:13,609

they have to develop a presence within

1117

00:46:18,130 --> 00:46:14,450

that state

1118

00:46:20,289 --> 00:46:18,140

so we tried tried quote/unquote I

1119

00:46:21,819 --> 00:46:20,299

thought we'll might as well have

1120

00:46:24,009 --> 00:46:21,829

Aquatics getting late we might as well

1121

00:46:27,130 --> 00:46:24,019

have a go at getting to meet her

1122

00:46:30,700 --> 00:46:27,140

daughter and we had three unsuccessful

1123

00:46:32,890 --> 00:46:30,710

attempts and for me I thought we'd try

1124

00:46:34,509 --> 00:46:32,900

and a bit too quickly to try to get to

1125

00:46:36,519 --> 00:46:34,519

her daughter certain things need to

1126
00:46:38,469 --> 00:46:36,529
happen first and she needs to have a

1127
00:46:40,569 --> 00:46:38,479
chat with the higher self to see whether

1128
00:46:43,390 --> 00:46:40,579
it's okay to meet her and a higher self

1129
00:46:44,650 --> 00:46:43,400
was saying not yet you haven't gotten or

1130
00:46:46,630 --> 00:46:44,660
presence in this state

1131
00:46:49,270 --> 00:46:46,640
so it's like you haven't been in long

1132
00:46:51,940 --> 00:46:49,280
enough to develop this a bit of skill in

1133
00:46:55,570 --> 00:46:51,950
there so she went home that night she

1134
00:46:57,880 --> 00:46:55,580
was a bit unhappy but I said to a look

1135
00:47:00,490 --> 00:46:57,890
you've met your higher-self you're in

1136
00:47:02,170 --> 00:47:00,500
the EVT state everything is going as I

1137
00:47:04,660 --> 00:47:02,180
see it should be going in terms of the

1138
00:47:07,180 --> 00:47:04,670

plan you're doing very well in terms of

1139

00:47:09,610 --> 00:47:07,190

time frame tomorrow we will build on

1140

00:47:11,860 --> 00:47:09,620

that in the EVT state and start to build

1141

00:47:14,380 --> 00:47:11,870

your presence and awareness in there so

1142

00:47:16,840 --> 00:47:14,390

you can get a bit of depth to it so she

1143

00:47:19,840 --> 00:47:16,850

came about the next day but before she

1144

00:47:22,840 --> 00:47:19,850

left I said to her what what have you

1145

00:47:24,700 --> 00:47:22,850

but she'd had this big kind of jar of

1146

00:47:26,020 --> 00:47:24,710

she was drinking something all day and I

1147

00:47:28,450 --> 00:47:26,030

thought this must be like a protein

1148

00:47:29,560 --> 00:47:28,460

shake keep your energy up and I said so

1149

00:47:31,750 --> 00:47:29,570

what have you been drinking all day and

1150

00:47:33,670 --> 00:47:31,760

she says oh I made a cup of coffee at

1151

00:47:37,480 --> 00:47:33,680

nine o'clock and I've been sipping on

1152

00:47:38,860 --> 00:47:37,490

that whole day like no wonder not too

1153

00:47:41,500 --> 00:47:38,870

much is happening you need to keep your

1154

00:47:43,330 --> 00:47:41,510

energy levels up need to eat you need to

1155

00:47:45,610 --> 00:47:43,340

keep put a lot of energy into body

1156

00:47:49,000 --> 00:47:45,620

because the brain you're using your

1157

00:47:51,100 --> 00:47:49,010

brain a lot needs that entity to to

1158

00:47:54,910 --> 00:47:51,110

create this environment for you so you

1159

00:47:56,800 --> 00:47:54,920

can access it so I told her off told

1160

00:47:58,570 --> 00:47:56,810

that that she needed to go home you need

1161

00:47:59,860 --> 00:47:58,580

to eat a proper meal and come back the

1162

00:48:01,900 --> 00:47:59,870

next day and we're going to eat properly

1163

00:48:04,990 --> 00:48:01,910

and you know keep snacking through the

1164

00:48:08,350 --> 00:48:05,000

day keep our energy levels high during

1165

00:48:10,930 --> 00:48:08,360

the the night she did EVT by yourself I

1166

00:48:12,580 --> 00:48:10,940

had told her to do this and she'd met

1167

00:48:15,220 --> 00:48:12,590

her Higher Self and out herself could

1168

00:48:17,260 --> 00:48:15,230

say no wait wait you need to wait and

1169

00:48:20,770 --> 00:48:17,270

the higher-self didn't seem to be saying

1170

00:48:23,020 --> 00:48:20,780

very much for me I understand to start

1171

00:48:25,000 --> 00:48:23,030

with the highest self may seem like it's

1172

00:48:26,200 --> 00:48:25,010

not really saying anything but it's not

1173

00:48:28,960 --> 00:48:26,210

the Higher Self that isn't saying

1174

00:48:31,390 --> 00:48:28,970

anything you're not in enough for want

1175

00:48:33,820 --> 00:48:31,400

of a better word so she comes back the

1176

00:48:36,610 --> 00:48:33,830

next day and we sit down and it's like

1177

00:48:38,380 --> 00:48:36,620

look one of the things that stops you

1178

00:48:40,360 --> 00:48:38,390

having this presence within the stay is

1179

00:48:44,110 --> 00:48:40,370

any kind of baggage that we bring

1180

00:48:46,990 --> 00:48:44,120

through with you and of course she would

1181

00:48:48,970 --> 00:48:47,000

have had a lot of emotional bag bankage

1182

00:48:50,710 --> 00:48:48,980

is the wrong word excuse me for the

1183

00:48:52,630 --> 00:48:50,720

wrong road I've got a lot of emotion

1184

00:48:54,160 --> 00:48:52,640

around her so it's like we need to have

1185

00:48:57,420 --> 00:48:54,170

a little bit of a therapeutic process

1186

00:48:59,819 --> 00:48:57,430

first and I went took her through a

1187

00:49:03,870 --> 00:48:59,829

counseling sessions and she must have

1188

00:49:05,670 --> 00:49:03,880

cried again never see they don't cries

1189

00:49:07,819 --> 00:49:05,680

so much

1190

00:49:11,809 --> 00:49:07,829

I get heartbreaking but that trying

1191

00:49:15,270 --> 00:49:11,819

seemed to release a lot of emotional

1192

00:49:17,970 --> 00:49:15,280

kind of emotion that's so the next time

1193

00:49:19,770 --> 00:49:17,980

we went into the EVT state we talked to

1194

00:49:21,690 --> 00:49:19,780

her herself and now suddenly the Higher

1195

00:49:24,089 --> 00:49:21,700

Self he's chatting it started to talk

1196

00:49:27,299 --> 00:49:24,099

this is what we need to do this is what

1197

00:49:28,650 --> 00:49:27,309

you need to to construct this is where

1198

00:49:31,349 --> 00:49:28,660

you need to meet her and this is what we

1199

00:49:33,630 --> 00:49:31,359

need to do and she came out of that

1200

00:49:35,400 --> 00:49:33,640

state and she was like crying she had a

1201
00:49:37,980 --> 00:49:35,410
mask on she came out she was crying I

1202
00:49:40,380 --> 00:49:37,990
said have you met your daughter who says

1203
00:49:43,020 --> 00:49:40,390
no I've met my I've really met my Higher

1204
00:49:44,579 --> 00:49:43,030
Self now and she's beautiful and she was

1205
00:49:46,559 --> 00:49:44,589
telling me all about her and the kind of

1206
00:49:49,200 --> 00:49:46,569
energy that comes off her and then I

1207
00:49:51,329 --> 00:49:49,210
kind of knew yes she's now more present

1208
00:49:52,980 --> 00:49:51,339
within that state now I think we can

1209
00:49:56,520 --> 00:49:52,990
move to meet her daughter so in the

1210
00:49:58,470 --> 00:49:56,530
second session I asked her can we talk

1211
00:50:00,569 --> 00:49:58,480
to your higher self can we agree where

1212
00:50:02,430 --> 00:50:00,579
can we meet your daughter and she gave

1213
00:50:05,210 --> 00:50:02,440

her a place where she could meet her

1214

00:50:08,700 --> 00:50:05,220

daughter and then she went and met her

1215

00:50:10,650 --> 00:50:08,710

and again I was watching and watching

1216

00:50:14,520 --> 00:50:10,660

how she's reacting to everything and

1217

00:50:17,579 --> 00:50:14,530

again she's a lot of Tears crying I mean

1218

00:50:19,890 --> 00:50:17,589

uncontrollable crying and she took the

1219

00:50:22,319 --> 00:50:19,900

mask off because we use an eye mask just

1220

00:50:24,000 --> 00:50:22,329

to block out light and she's saying yes

1221

00:50:26,280 --> 00:50:24,010

I met my daughter she's there she's in

1222

00:50:28,170 --> 00:50:26,290

this particular place we were talking it

1223

00:50:30,720 --> 00:50:28,180

was all emotionally overwhelming so she

1224

00:50:33,799 --> 00:50:30,730

had to come out and she went to wash her

1225

00:50:36,299 --> 00:50:33,809

eyes so you know a bit water on her face

1226

00:50:38,280 --> 00:50:36,309

to come around a little bit and as she

1227

00:50:40,680 --> 00:50:38,290

closed their eyes again she just closed

1228

00:50:42,839 --> 00:50:40,690

her eyes for a second like uh-huh

1229

00:50:46,470 --> 00:50:42,849

and says oh my god I could still see my

1230

00:50:48,569 --> 00:50:46,480

daughter says and now it's not a case of

1231

00:50:49,410 --> 00:50:48,579

she needs to lie down and be quiet and

1232

00:50:51,240 --> 00:50:49,420

relax

1233

00:50:53,339 --> 00:50:51,250

she's now standing up with her eyes

1234

00:50:55,980 --> 00:50:53,349

closed I can see my daughter she's here

1235

00:50:57,630 --> 00:50:55,990

and as I look around my Higher Self he's

1236

00:51:00,870 --> 00:50:57,640

next to me with a hand on my shoulder

1237

00:51:01,500 --> 00:51:00,880

saying it's okay you know I'm here if

1238

00:51:05,640 --> 00:51:01,510

you need me

1239

00:51:08,579 --> 00:51:05,650

and she's talking to her daughter and he

1240

00:51:10,380 --> 00:51:08,589

thinks it wasn't for me like amazing so

1241

00:51:11,170 --> 00:51:10,390

it's like I said open your eyes again

1242

00:51:13,059 --> 00:51:11,180

she's that

1243

00:51:15,220 --> 00:51:13,069

I said open your eyes again she opens

1244

00:51:17,260 --> 00:51:15,230

her eyes has now closed them what do you

1245

00:51:18,460 --> 00:51:17,270

say he says my daughter still here and

1246

00:51:22,030 --> 00:51:18,470

now I'm talking to her

1247

00:51:24,520 --> 00:51:22,040

I oh my god this is amazing and so

1248

00:51:26,859 --> 00:51:24,530

that's all we did all that day then was

1249

00:51:28,480 --> 00:51:26,869

she would go to meet her daughter her

1250

00:51:31,210 --> 00:51:28,490

particular place where she met her was

1251
00:51:33,250 --> 00:51:31,220
on a nice beautiful beach and she was

1252
00:51:36,640 --> 00:51:33,260
there with her daughter talking to her

1253
00:51:38,500 --> 00:51:36,650
and she says Phil just thank thank you

1254
00:51:41,020 --> 00:51:38,510
because I didn't know what I was going

1255
00:51:43,180 --> 00:51:41,030
to do because I she said she just didn't

1256
00:51:45,970 --> 00:51:43,190
want to live anymore said what now she's

1257
00:51:48,069 --> 00:51:45,980
got her daughter back it's obviously

1258
00:51:51,280 --> 00:51:48,079
it's not the most ideal situation but

1259
00:51:52,960 --> 00:51:51,290
it's far far better that she can now

1260
00:51:55,750 --> 00:51:52,970
talk to her daughter whenever she needs

1261
00:51:58,109 --> 00:51:55,760
to or wants to and so that night when

1262
00:52:00,370 --> 00:51:58,119
she went back I got a big hug of my

1263
00:52:03,670 --> 00:52:00,380

sister-in-law I think the first hug I've

1264

00:52:05,770 --> 00:52:03,680

ever had ah that's nice and she went

1265

00:52:07,839 --> 00:52:05,780

home and she came back the next day

1266

00:52:11,680 --> 00:52:07,849

y'all excited Phil Phil Phil says what's

1267

00:52:13,210 --> 00:52:11,690

his last night I was asleep and I play a

1268

00:52:14,920 --> 00:52:13,220

little bit of music in the background

1269

00:52:16,690 --> 00:52:14,930

that just loops around it's just

1270

00:52:19,059 --> 00:52:16,700

something to put your attention on if

1271

00:52:20,890 --> 00:52:19,069

your mind starts to wander and she says

1272

00:52:22,930 --> 00:52:20,900

Phil that's what I says the music

1273

00:52:24,700 --> 00:52:22,940

started playing I said did you have it

1274

00:52:26,920 --> 00:52:24,710

on your headphones just know it was

1275

00:52:28,990 --> 00:52:26,930

playing in my head this is what you're

1276
00:52:31,750 --> 00:52:29,000
talking about it says the music started

1277
00:52:34,059 --> 00:52:31,760
playing it was in my head and then my

1278
00:52:38,049 --> 00:52:34,069
daughter came to meet me she wanted to

1279
00:52:41,079 --> 00:52:38,059
meet me I was likely fantastic so she

1280
00:52:43,000 --> 00:52:41,089
meets her daughter I know she says two

1281
00:52:44,500 --> 00:52:43,010
or three times a day but I talked to

1282
00:52:47,230 --> 00:52:44,510
Eric and he's like no no no it's more

1283
00:52:50,020 --> 00:52:47,240
like 10 to 15 times a day but even her

1284
00:52:52,180 --> 00:52:50,030
daughter says hey mom I still need time

1285
00:52:53,980 --> 00:52:52,190
for me because you know mother's ringing

1286
00:52:56,349 --> 00:52:53,990
up daughters all the time get on

1287
00:52:59,319 --> 00:52:56,359
daughters nerve so even in that space

1288
00:53:01,299 --> 00:52:59,329

the daughter sort of saying look can you

1289

00:53:03,520 --> 00:53:01,309

just give me five minutes I'm doing my

1290

00:53:05,289 --> 00:53:03,530

own stuff over there so there's the

1291

00:53:07,930 --> 00:53:05,299

stuff that Adele is learning and the

1292

00:53:09,430 --> 00:53:07,940

higher-self he's teaching her what she

1293

00:53:11,170 --> 00:53:09,440

needs to do and how to grow in that

1294

00:53:13,690 --> 00:53:11,180

particular environment and then she's

1295

00:53:15,250 --> 00:53:13,700

also learning what her daughter it needs

1296

00:53:16,630 --> 00:53:15,260

to learn in that state so it's

1297

00:53:20,799 --> 00:53:16,640

absolutely fantastic

1298

00:53:25,010 --> 00:53:20,809

I don't really have any comment on that

1299

00:53:31,040 --> 00:53:25,020

it's just it's unbelievable in this

1300

00:53:32,420 --> 00:53:31,050

I am sure it happened I knowing so her

1301

00:53:39,850 --> 00:53:32,430

daughter actually had a physical

1302

00:53:43,580 --> 00:53:39,860

presence to her and it it was the same

1303

00:53:47,870 --> 00:53:43,590

figure or present a person that she was

1304

00:53:50,450 --> 00:53:47,880

in her and her really that's right yeah

1305

00:53:52,940 --> 00:53:50,460

so we stay present so you can see her

1306

00:53:55,100 --> 00:53:52,950

and talk to her sitting there and

1307

00:53:57,859 --> 00:53:55,110

sitting there yes exactly

1308

00:54:00,230 --> 00:53:57,869

I'll go I'll go on holiday with her or I

1309

00:54:03,500 --> 00:54:00,240

think saying that her daughter really

1310

00:54:05,359 --> 00:54:03,510

liked it I think that the program series

1311

00:54:07,460 --> 00:54:05,369

is supernatural yeah she was that's yeah

1312

00:54:08,960 --> 00:54:07,470

watch what's what you're doing when I'm

1313

00:54:11,570 --> 00:54:08,970

not here so I'm sitting with the guys

1314

00:54:13,400 --> 00:54:11,580

watching them rehearse for their TV

1315

00:54:15,770 --> 00:54:13,410

episodes and I'm thinking fantastic and

1316

00:54:18,260 --> 00:54:15,780

it's like so when people tell me stuff

1317

00:54:19,640 --> 00:54:18,270

like that I think yeah okay you can

1318

00:54:22,310 --> 00:54:19,650

either think they're making it up but I

1319

00:54:25,070 --> 00:54:22,320

don't think so and so that's where I

1320

00:54:27,830 --> 00:54:25,080

sort of say there's two aspects of EVT

1321

00:54:29,960 --> 00:54:27,840

now one is exploration of your inner

1322

00:54:32,780 --> 00:54:29,970

mind and developing yourself as a person

1323

00:54:37,940 --> 00:54:32,790

in integrating and healing and exploring

1324

00:54:41,570 --> 00:54:37,950

the mind all of that spiritual stuff no

1325

00:54:42,740 --> 00:54:41,580

the mother and daughter met a mutual

1326

00:54:46,220 --> 00:54:42,750

agreement I'm assuming at a beach

1327

00:54:48,349 --> 00:54:46,230

someplace ah but once the meeting ended

1328

00:54:50,960 --> 00:54:48,359

where did the daughter go did she tell

1329

00:54:53,270 --> 00:54:50,970

her mother this is well do you know when

1330

00:54:55,370 --> 00:54:53,280

I told you that people tend to tell me

1331

00:54:59,720 --> 00:54:55,380

what's happening after that for two and

1332

00:55:04,340 --> 00:54:59,730

then it's my frustration he's he's like

1333

00:55:06,950 --> 00:55:04,350

I want to know what her daughter does

1334

00:55:10,400 --> 00:55:06,960

when she's not with her Manan hmm but

1335

00:55:14,240 --> 00:55:10,410

like I don't feel I can ask her mother

1336

00:55:16,280 --> 00:55:14,250

hey next time you're in round the air

1337

00:55:18,290 --> 00:55:16,290

and say hey what are you doing when

1338

00:55:20,660 --> 00:55:18,300

you're not here so it's a case of they

1339

00:55:23,750 --> 00:55:20,670

are doing something and I think that

1340

00:55:25,310 --> 00:55:23,760

this is the bit where since most of my

1341

00:55:26,840 --> 00:55:25,320

research has always been about because

1342

00:55:29,390 --> 00:55:26,850

people cannot get in as I call it

1343

00:55:31,370 --> 00:55:29,400

there's a blockage and barriers and now

1344

00:55:33,020 --> 00:55:31,380

I'm saying with the EPT you can get in

1345

00:55:36,349 --> 00:55:33,030

anytime you like so we can really know

1346

00:55:38,550 --> 00:55:36,359

about to do research so so for people

1347

00:55:40,170 --> 00:55:38,560

who want to develop this or

1348

00:55:42,570 --> 00:55:40,180

saying look why don't we do a

1349

00:55:44,700 --> 00:55:42,580

development kind of group and say look

1350

00:55:46,290 --> 00:55:44,710

this is the level that I'll take you to

1351
00:55:48,690 --> 00:55:46,300
and then from there on in we'll build

1352
00:55:51,270 --> 00:55:48,700
and build and build and we can build up

1353
00:55:53,610 --> 00:55:51,280
almost like a repertoire of the types of

1354
00:55:56,220 --> 00:55:53,620
experiences what's in there what types

1355
00:55:58,410 --> 00:55:56,230
of stuff you can get how the highest

1356
00:55:59,940 --> 00:55:58,420
self presents itself what it wants to

1357
00:56:02,880 --> 00:55:59,950
tell you what you should know what you

1358
00:56:05,370 --> 00:56:02,890
shouldn't I mean I've had people go down

1359
00:56:07,680 --> 00:56:05,380
their timelines and I know these such

1360
00:56:09,720 --> 00:56:07,690
things as town line therapy but this is

1361
00:56:11,910 --> 00:56:09,730
actually going down the timeline with

1362
00:56:14,160 --> 00:56:11,920
your higher-self to aspects of you and

1363
00:56:16,140 --> 00:56:14,170

then fixing things and coming back into

1364

00:56:18,300 --> 00:56:16,150

the present day so the type of

1365

00:56:20,760 --> 00:56:18,310

experience you can have is unlimited as

1366

00:56:24,330 --> 00:56:20,770

far as I'm concerned you and you can you

1367

00:56:26,040 --> 00:56:24,340

know it's yeah it's difficult to

1368

00:56:28,560 --> 00:56:26,050

describe unless you've had these types

1369

00:56:32,490 --> 00:56:28,570

of experiences it's just phenomenal so

1370

00:56:34,110 --> 00:56:32,500

as a final kind of question it doesn't

1371

00:56:36,390 --> 00:56:34,120

have to be the very last thing you say

1372

00:56:40,050 --> 00:56:36,400

of course but just to wrap things up on

1373

00:56:42,180 --> 00:56:40,060

on a certain level what what what are

1374

00:56:45,650 --> 00:56:42,190

you going to do now I mean where are you

1375

00:56:48,660 --> 00:56:45,660

going with this now Phil do some work

1376

00:56:51,450 --> 00:56:48,670

there's more that's pretty good right

1377

00:56:55,320 --> 00:56:51,460

where you are I think I think I think

1378

00:56:56,940 --> 00:56:55,330

that the takeaways for all of this is no

1379

00:56:59,130 --> 00:56:56,950

more is it a kind of hit-and-miss affair

1380

00:57:01,080 --> 00:56:59,140

now there's a process that takes you

1381

00:57:03,810 --> 00:57:01,090

from the waking state to the interstate

1382

00:57:06,810 --> 00:57:03,820

so that's number one tick to whenever

1383

00:57:08,640 --> 00:57:06,820

you want three exploration so there's

1384

00:57:11,970 --> 00:57:08,650

two types these people who want to

1385

00:57:13,740 --> 00:57:11,980

explore they've been to other seminars

1386

00:57:16,290 --> 00:57:13,750

or the types of techniques and things

1387

00:57:18,480 --> 00:57:16,300

and have not worked forget all that

1388

00:57:20,100 --> 00:57:18,490

come and do a uvt because now you can

1389

00:57:21,720 --> 00:57:20,110

start from a position where you can

1390

00:57:23,790 --> 00:57:21,730

explore all those things that you could

1391

00:57:26,130 --> 00:57:23,800

never get before whenever you want all

1392

00:57:27,770 --> 00:57:26,140

the time if you want so there's the

1393

00:57:30,330 --> 00:57:27,780

explorers and then on the other side

1394

00:57:32,850 --> 00:57:30,340

this is where I now feel confident

1395

00:57:35,340 --> 00:57:32,860

enough to say look for those of lost

1396

00:57:37,500 --> 00:57:35,350

people that passed over and they feel

1397

00:57:41,700 --> 00:57:37,510

their lives in some ways have stopped

1398

00:57:44,310 --> 00:57:41,710

and they just the stop now I want to

1399

00:57:46,080 --> 00:57:44,320

offer EVT for people who want to

1400

00:57:49,770 --> 00:57:46,090

specifically contact those that passed

1401

00:57:51,990 --> 00:57:49,780

over and it isn't in a kind of spirit II

1402

00:57:54,570 --> 00:57:52,000

kind of you know what I mean

1403

00:57:56,790 --> 00:57:54,580

any weird ways nothing wrong with

1404

00:57:58,410 --> 00:57:56,800

mediums but what you have to do is when

1405

00:58:00,839 --> 00:57:58,420

you have a medium you have to get an

1406

00:58:04,440 --> 00:58:00,849

interpretation whereas now I'm saying

1407

00:58:06,960 --> 00:58:04,450

look in in the right way with that with

1408

00:58:08,609 --> 00:58:06,970

the right approach with respect and my

1409

00:58:10,859 --> 00:58:08,619

duty of care to make sure you have the

1410

00:58:13,710 --> 00:58:10,869

best possible experience I want to help

1411

00:58:15,450 --> 00:58:13,720

those people who have lost people who

1412

00:58:16,830 --> 00:58:15,460

have passed over and saying look do you

1413

00:58:19,170 --> 00:58:16,840

want to meet them again

1414

00:58:21,300 --> 00:58:19,180

not only that do you want to be able to

1415

00:58:23,400 --> 00:58:21,310

meet them whenever you want to and what

1416

00:58:24,900 --> 00:58:23,410

would that be interesting to you would

1417

00:58:27,330 --> 00:58:24,910

you want that and I think the

1418

00:58:30,030 --> 00:58:27,340

overwhelming answer would be yes so two

1419

00:58:36,720 --> 00:58:30,040

offerings there you're still a little

1420

00:58:41,099 --> 00:58:36,730

bit of an IT geek violating the psyche

1421

00:58:43,470 --> 00:58:41,109

there what I'm trying to do is because

1422

00:58:46,080 --> 00:58:43,480

this is the whole process is a

1423

00:58:47,820 --> 00:58:46,090

one-on-one with me so I'm not gonna send

1424

00:58:50,849 --> 00:58:47,830

you off to listen to things and whatever

1425

00:58:52,880 --> 00:58:50,859

you are with me for two days and I work

1426

00:58:55,410 --> 00:58:52,890

I keep going over and over and over

1427

00:58:57,690 --> 00:58:55,420

finding out what you've experienced

1428

00:58:59,099 --> 00:58:57,700

changing the structure going in again

1429

00:59:01,859 --> 00:58:59,109

and again and again so it's one-on-one

1430

00:59:05,250 --> 00:59:01,869

with me because I'm a bit of an IT geek

1431

00:59:07,380 --> 00:59:05,260

what I'm trying to do is trying to make

1432

00:59:10,470 --> 00:59:07,390

that initial period with me a bit

1433

00:59:12,120 --> 00:59:10,480

shorter it just helps me stops me

1434

00:59:16,560 --> 00:59:12,130

getting a headache and I can at least

1435

00:59:18,270 --> 00:59:16,570

have a drink and something to eat not

1436

00:59:21,150 --> 00:59:18,280

eating or drinking all day because I'm

1437

00:59:22,800 --> 00:59:21,160

just that focused on the person so I am

1438

00:59:25,260 --> 00:59:22,810

trying to make some technology that

1439

00:59:27,630 --> 00:59:25,270

helps the first stage which is getting

1440

00:59:29,070 --> 00:59:27,640

to that completely flaked out

1441

00:59:31,710 --> 00:59:29,080

wonderfully relaxed

1442

00:59:35,880 --> 00:59:31,720

deep deep deep right down there that can

1443

00:59:38,310 --> 00:59:35,890

take hours and hours depending upon the

1444

00:59:44,430 --> 00:59:38,320

type of person that keeps saying hey

1445

00:59:47,940 --> 00:59:44,440

Phil that thing can really relax you

1446

00:59:49,440 --> 00:59:47,950

close your eyes with law and kindness so

1447

00:59:51,660 --> 00:59:49,450

yeah a bit of technology there I'm

1448

00:59:54,630 --> 00:59:51,670

trying to develop that and then I'm

1449

00:59:56,700 --> 00:59:54,640

hoping that I can at the moment EB T's

1450

00:59:58,500 --> 00:59:56,710

are one-on-one you're with me for two

1451
00:59:59,970 --> 00:59:58,510
days and you are going to get in I

1452
01:00:01,560 --> 00:59:59,980
guarantee and you're going to be able to

1453
01:00:03,450 --> 01:00:01,570
access whenever you like and we're going

1454
01:00:05,940 --> 01:00:03,460
to do all kinds of great things

1455
01:00:08,580 --> 01:00:05,950
I want to develop it so that we can get

1456
01:00:10,800 --> 01:00:08,590
three or four people at a time so I can

1457
01:00:13,110 --> 01:00:10,810
so like I don't teach all the people how

1458
01:00:15,000 --> 01:00:13,120
to do it because I think we need to

1459
01:00:17,820 --> 01:00:15,010
teach more people how to do this because

1460
01:00:19,380 --> 01:00:17,830
the process actually works and teach

1461
01:00:22,110 --> 01:00:19,390
them all the little tricks of the trade

1462
01:00:24,540 --> 01:00:22,120
on all the little twists and turns that

1463
01:00:26,010 --> 01:00:24,550

the unconscious demands of you before

1464

01:00:28,550 --> 01:00:26,020

you can access it because the

1465

01:00:31,110 --> 01:00:28,560

unconscious at the lowest level says

1466

01:00:33,720 --> 01:00:31,120

hello hi Kate how you doing here yeah oh

1467

01:00:36,360 --> 01:00:33,730

you're coming towards me I don't think

1468

01:00:38,880 --> 01:00:36,370

so you're not coming in at all and

1469

01:00:41,580 --> 01:00:38,890

so you really have to you have to agree

1470

01:00:43,320 --> 01:00:41,590

almost like you have to have form an

1471

01:00:44,910 --> 01:00:43,330

agreement with the unconscious about

1472

01:00:47,190 --> 01:00:44,920

what under what conditions would it

1473

01:00:49,680 --> 01:00:47,200

allow you to consciously access and

1474

01:00:51,660 --> 01:00:49,690

enter the unconscious part and there's a

1475

01:00:53,460 --> 01:00:51,670

lot of setup to start with that makes it

1476

01:00:55,350 --> 01:00:53,470

a pleasant experience and then the

1477

01:00:58,560 --> 01:00:55,360

unconscious alright yeah okay you've met

1478

01:01:00,930 --> 01:00:58,570

my requirements in you go minimally and

1479

01:01:02,760 --> 01:01:00,940

then we build and build and build on the

1480

01:01:04,020 --> 01:01:02,770

other side so that you have access to

1481

01:01:08,100 --> 01:01:04,030

your higher self and all those other

1482

01:01:10,890 --> 01:01:08,110

things can you give you know perhaps a

1483

01:01:14,340 --> 01:01:10,900

an email address if someone wants to get

1484

01:01:18,920 --> 01:01:14,350

in touch with you Phil certainly I think

1485

01:01:21,870 --> 01:01:18,930

I will give you my main email address

1486

01:01:24,500 --> 01:01:21,880

and if I receive no emails then hey it

1487

01:01:27,770 --> 01:01:24,510

was nice talking to you guys

1488

01:01:29,760 --> 01:01:27,780

hey Phil I'll send you an email

1489

01:01:32,280 --> 01:01:29,770

yeah I've been really good tonight

1490

01:01:33,600 --> 01:01:32,290

you've agreed yes I've been good yes yes

1491

01:01:38,430 --> 01:01:33,610

you've been very well behaved

1492

01:01:41,220 --> 01:01:38,440

yes I know him and he's been very very

1493

01:01:47,910 --> 01:01:41,230

well behaved Thanks no you are very well

1494

01:01:51,000 --> 01:01:47,920

behaved tonight tonight yeah if if you

1495

01:01:57,240 --> 01:01:51,010

want to send me an email send it to

1496

01:02:03,270 --> 01:01:57,250

Philip with two L's dot Davidson like in

1497

01:02:07,470 --> 01:02:03,280

Harley Davidson at BT Internet or one

1498

01:02:11,070 --> 01:02:07,480

word.com okay we're going to also put

1499

01:02:13,950 --> 01:02:11,080

that out on our websites and when we put

1500

01:02:17,300 --> 01:02:13,960

this up on YouTube which will not be

1501

01:02:20,510 --> 01:02:17,310

immediately it will go there as well

1502

01:02:22,670 --> 01:02:20,520

unless between now and then you have a

1503

01:02:26,330 --> 01:02:22,680

website which you want to direct people

1504

01:02:27,830 --> 01:02:26,340

to okay I will I think when you put on

1505

01:02:30,800 --> 01:02:27,840

your website I will probably have a

1506

01:02:32,390 --> 01:02:30,810

website by then and I think this is one

1507

01:02:35,180 --> 01:02:32,400

of the reasons why I haven't really put

1508

01:02:37,070 --> 01:02:35,190

anything out there yet is now I feel

1509

01:02:40,850 --> 01:02:37,080

confident enough to offer

1510

01:02:43,520 --> 01:02:40,860

AVT okay that makes sense well thank you

1511

01:02:47,060 --> 01:02:43,530

dr. Philip Davidson for this are you

1512

01:02:48,320 --> 01:02:47,070

very interesting presentation yeah oh

1513

01:02:51,200 --> 01:02:48,330

absolutely

1514

01:02:53,060 --> 01:02:51,210

I think I'll really have to get a few

1515

01:02:55,580 --> 01:02:53,070

people in the family to listen to this

1516

01:03:00,110 --> 01:02:55,590

yeah thank you so much it's a whole

1517

01:03:02,720 --> 01:03:00,120

different viewpoint from the people who

1518

01:03:06,410 --> 01:03:02,730

are interested that we typically do not

1519

01:03:08,210 --> 01:03:06,420

get this is a little bit different yes

1520

01:03:10,610 --> 01:03:08,220

and very interesting and I think that

1521

01:03:13,780 --> 01:03:10,620

there are a lot of people out there that

1522

01:03:16,190 --> 01:03:13,790

want you know the do-it-yourselfers

1523

01:03:18,230 --> 01:03:16,200

particularly here in the US there are a

1524

01:03:20,150 --> 01:03:18,240

lot of people who have that pioneering

1525

01:03:23,540 --> 01:03:20,160

spirit want to do things themselves

1526

01:03:25,520 --> 01:03:23,550

rather than go to someone else to get it

1527

01:03:28,430 --> 01:03:25,530

done for them as in you know say a

1528

01:03:31,160 --> 01:03:28,440

medium no absolutely yeah okay well

1529

01:03:38,090 --> 01:03:31,170

thank you again thank you thank you and

1530

01:03:40,580 --> 01:03:38,100

we'll call you once dr. Phil okay no do

1531

01:03:48,050 --> 01:03:40,590

not call yourself dr. Phil no no I'm not

1532

01:03:52,220 --> 01:03:48,060

the same I like the treatment on the top

1533

01:03:55,580 --> 01:03:52,230

is it very lovely anyhow let's not let's

1534

01:03:58,490 --> 01:03:55,590

not be Labor yes dr. Philip Davidson too

1535

01:04:01,130 --> 01:03:58,500

much and say goodbye for now and then

1536

01:04:07,220 --> 01:04:01,140

we're gonna give our little lost feel

1537

01:04:11,270 --> 01:04:07,230

and okay off as well okay okay thank you

1538

01:04:13,400 --> 01:04:11,280

thank you I'm not too much else to say I

1539

01:04:16,430 --> 01:04:13,410

went to the festival it was interesting

1540

01:04:18,920 --> 01:04:16,440

oh yeah we visited the Pine Bush you

1541

01:04:23,360 --> 01:04:18,930

were Fall Festival and maybe shortly we

1542

01:04:28,520 --> 01:04:23,370

will have a recording as a special part

1543

01:04:30,680 --> 01:04:28,530

of our broadcast numb my toilet talk my

1544

01:04:32,990 --> 01:04:30,690

little lecture there on

1545

01:04:35,280 --> 01:04:33,000

extraterrestrial extraterrestrial

1546

01:04:37,380 --> 01:04:35,290

evolution yeah it was very good

1547

01:04:47,130 --> 01:04:37,390

that's nice at a very appreciative

1548

01:04:50,970 --> 01:04:47,140

audience \$25 for the ship but I believe

1549

01:04:54,150 --> 01:04:50,980

the next time we may have a lady a

1550

01:05:03,090 --> 01:04:54,160

beautiful young lady that I know who

1551

01:05:08,160 --> 01:05:03,100

does a lot of work in the area of dreams

1552

01:05:11,460 --> 01:05:08,170

and and that's sort of in a way it's

1553

01:05:14,910 --> 01:05:11,470

almost what dr. Davidson says in a way

1554

01:05:17,970 --> 01:05:14,920

you know streaming you know viewing and

1555

01:05:21,240 --> 01:05:17,980

dreams yeah it's it's uh it's

1556

01:05:23,910 --> 01:05:21,250

interesting what one analogy you could

1557

01:05:25,590 --> 01:05:23,920

say between this and ufology is that god

1558

01:05:28,350 --> 01:05:25,600

knows there's no money and either one

1559

01:05:30,810 --> 01:05:28,360

now and these people really do do it out

1560

01:05:33,450 --> 01:05:30,820

of a sincere effort to help others I

1561

01:05:36,390 --> 01:05:33,460

think and just go on and uncover truths

1562

01:05:39,150 --> 01:05:36,400

that are not what you would typically

1563

01:05:42,690 --> 01:05:39,160

get University grants to discover and

1564

01:05:46,050 --> 01:05:42,700

this and this lady's name is nancy smith

1565

01:05:48,390 --> 01:05:46,060

and just another smith who was involved

1566

01:05:50,430 --> 01:05:48,400

with remote viewing it's a very bizarre

1567

01:05:53,520 --> 01:05:50,440

thing that there are so many Smith's

1568

01:05:56,430 --> 01:05:53,530

involved with remote viewing but that

1569

01:05:58,830 --> 01:05:56,440

that being said she works in a vein that

1570

01:06:00,600 --> 01:05:58,840

involves dreams and remote viewing so

1571

01:06:04,260 --> 01:06:00,610

we're hoping to have her on next time

1572

01:06:08,250 --> 01:06:04,270

and in addition we will possibly be

1573

01:06:13,080 --> 01:06:08,260

talking about a wonderful book that was

1574

01:06:16,380 --> 01:06:13,090

written by one of our listeners and may

1575

01:06:20,940 --> 01:06:16,390

have been influenced by some of the

1576

01:06:25,560 --> 01:06:20,950

programs we had on so I will put that

1577

01:06:30,600 --> 01:06:25,570

out as a teaser oh okay and we'll talk

1578

01:06:33,030 --> 01:06:30,610

more about it next time and now oh okay

1579

01:06:38,000 --> 01:06:33,040

from shattered rail a goodbye goodbye

1580

01:06:48,210 --> 01:06:38,010

from Kate and foucha this is shattered